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COMMISSION OF INQUIRY INTO THE  
USE OF DRUGS AND BANNED PRACTICES  
INTENDED TO INCREASE ATHLETIC PERFORMANCE

B E F O R E:

THE HONOURABLE MR. JUSTICE CHARLES LEONARD DUBIN

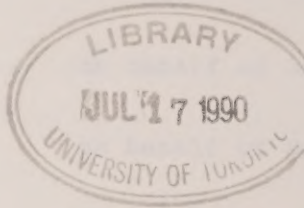
HEARING HELD AT 1235 BAY STREET,  
2nd FLOOR, TORONTO, ONTARIO,  
ON TUESDAY, MARCH 14, 1989

VOLUME 28

NETWORK COURT REPORTING



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D. O'CONNOR G. PINHEIRO	on behalf of Angella Issajenko
E. FUTERMAN L.M. LIPKUS	on behalf of Ben Johnson
MR. SOOKRAM	on behalf of Dr. M. G. Astaphan
THOMAS C. BARBER	on behalf of the Sport Medicine Council of Canada
MR. DePENCIER	on behalf of the Government of Canada
R. STEINECKE M. NAN	on behalf of the College of Physicians and Surgeons
ROGER BOURQUE	on behalf of the Canadian Track and Field Association
D. MANN	on behalf of the Canadian Olympic Association
MS. S. HICKLING	on behalf of Bishop Dolegiewicz





## I N D E X   O F   W I T N E S S E S

NAME	PAGE NO.
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ANGELLA ISSAJENKO	4762
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Examination by Mr. Armstrong	4762
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---Upon resuming

THE COMMISSIONER: Just give me a minute,  
please, Mr. Armstrong. Mr. Armstrong, thank you, sorry.

5 MR. ARMSTRONG: Thank you, Mr. Commissioner.

MR. ARMSTRONG:

Q. Ms. Issajenko, I wanted this morning to  
ask you some questions about your own training program and  
10 what actually was involved during your time as an athlete  
in a day of training?

For example, during the period you were down  
in Guadeloupe might be a time to take a look at and I  
would ask you, if you might turn in your diary to Monday  
15 the 23rd of April which -- in 1984, which is the day you  
were training in Guadeloupe.

Perhaps you might just take us through that  
day? I see the training starts at 6:30 in the morning. I  
take it obviously you were up well before then and ready  
20 to get on the track at 6:30?

A. Yes, I was.

Q. Why don't you just take us through that  
day in your diary. It would, I think, be helpful to the  
Commissioner and my friends.

25 A. Monday the 23rd it says;



"Week 6, Phase One, morning, training at 6:30. Jogging, stretching, 3(2 x 100 metres), three times 50 metre strides and I go through all my power speed ---

Q. Can I just stop you there.

5 THE COMMISSIONER: You're too close to the mike, I think. I know it's awkward for you because you have got all those papers in front of you. I can't quite hear. Just start over again? You start at 6:30 in the morning. What were you doing then?

10 THE WITNESS: Well, It was so hot in Guadeloupe that ---

THE COMMISSIONER: Even at 6:30?

THE WITNESS: And because -- it was so hot from ten o'clock on that.

15 THE COMMISSIONER: Yes.

THE WITNESS: That I had to start -- I had two work-outs. We were training twice a day so therefore I had to go out early in the morning, which was at 6:30, and I would go through one phase of the training and I ---

20 THE COMMISSIONER: What would that involve? I think you have it there, have you?

MR. ARMSTRONG:

25 Q. You'd do a jog. Looking through your diary, typically, you might, for example, jog a mile each



day just as a warm-up, is that right?

A. At the time, yes.

Q. Would that have been the same in  
Guadeloupe?

5 A. Yes, it was.

Q. You start the day at 6:30 with a mild  
jog?

A. I would go through my basic warm-ups,  
the stretching, et cetera. Then I do a few strides and  
10 then I would go into all my power speed drills.

Q. Just stopping you there in your diary,  
you've got 3(2 x 100 metres)? So, would that be ---

A. That's part of the warm-up.

Q. Part of the warm-up would involve doing  
15 200 metres sprints, one right after the another, but you  
would do three of those two-100 metres sprints?

A. Yes.

Q. So, 600 metres?

A. 600 metres.

20 Q. All right. And that would be your  
speed work?

A. No, that's part of the warm-up.

Q. That's part of the warm-up?

25 THE COMMISSIONER: Obviously, you haven't  
done much in track and field.





MR. ARMSTRONG: Well, it's been a day or two  
anyway.

MR. ARMSTRONG:

5 Q. In any event, Ms. Issajenko, after you  
do the 100 metre sprints as part of your warm-up, what  
comes next in your diary there?

10 A. I do, you know, three times 50 metre  
strides in my spikes and then, after that, I take a little  
break and then I would get into all my power speed drills.

Q. What's involved in that? You fill half  
a page almost with it. Could you just take us through  
that, please?

15 A. Six times ten metre A skips, 6 x 10  
metre running B's, 6 x 10 metre running A's, 3 x 30 metre  
heel & toe, 3 x 30 metre heel raises, 3 x 30 metre  
triplings, 3 x 30 metre B skips, 3 x 30 metre running A's  
with leg up. And then I take it break and we had an  
accelerator.

20 Q. Let me just stop you there. What are  
the A skips?

A. Do you want me to show you?

Q. Sure.

A. I can't describe them.

25 THE COMMISSIONER: No, we're only kidding.



Just describe them, if you can?

MR. ARMSTRONG:

Q. I have the picture in a sense of you  
5 using some kind of skipping rope?

A. No, no, no, no, no. They're knee  
raises.

THE COMMISSIONER: I think it would be  
better if she explained it herself.

10 MR. O'CONNOR: Maybe Mr. Armstrong could  
show us.

MR. ARMSTRONG: After she explains it, we'll  
give you a test and see if you've got it.

THE WITNESS: They're drills.

15 MR. ARMSTRONG:

Q. All right?

A. You know, they're -- Charlie uses them  
because they're good for technique.

20 Q. All right. So, they are different  
kinds of skipping motions that you go through with your  
legs, obviously?

A. It's also again a part of the warm-up.

Q. Right. Okay. And heel raises are  
25 again another part of the exercise that you use ---





A. Part of the warm-up.

Q. ---that you use in the warm-up?

A. Yes.

Q. And the 3 x 30 metres triplings, can  
5 you describe what they are? No?

A. I'm not sure -- I'd have to show you.

Q. All right. We'll have to come out to  
the track and take a view as, they say in the legal  
jargon.

10 Then in any event, having gone through ---

A. Actually, you've picked one of my  
easiest days.

Q. Oh, is that right?

A. Yes.

15 Q. All right. Well, I can assure you I  
just picked it at random so -- I didn't want to tire the  
judge out too early in the morning by going through all of  
this.

THE COMMISSIONER: Just listening to it  
20 makes me tired.

MR. ARMSTRONG: Right.

MR. ARMSTRONG:

Q. Then, Ms. Issajenko, you then, after  
25 getting the warm-ups done as you've described it, you take



a break and then there is a note, ECC, which is what you were going to describe?

A. It was a machine, an accelerator.

Q. Yes?

5 A. And it was a means of running with resistance, so it had a rope that you tie on your waste with the aid of a weight belt and I'd set the tension at about five and then it went to about 80 metres. So I just take off and run.

10 Q. I see.

A. Pulling this rope.

Q. Oh, I see. So you'd actually run as far as 80 metres hooked up to the machine?

A. Right.

15 Q. I see.

Q. With the tension at five?

A. At five.

Q. And then what followed that?

A. Another round of drills again.

20 Q. And ---

A. And it's the same. The A skips, B skips, heel raises, triplings, et cetera.

Q. And then I see the session ends with a jog down, as it were?

25 A. Yes, and that's really just the morning



session.

Q. And is the jog another mile jog at that point?

5 A. Not that far; two laps. It's just a warming down.

Q. That would take you from 6:30 in the morning until approximately 10:00 in the morning, I guess?

A. Eight.

10 Q. All right. And then you -- would there be some massage and physio work that you would undertake after the morning workout or is that later in the day?

A. No, we had no physio at that point.

Q. But ordinarily, if you were in Toronto, doing your work ---

15 A. That year, we had an arrangement. We were working with Mike Dinko and I had arranged with the other athletes, I paid his airfare to Guadeloupe. He stayed in the apartment with Tony and I and between Ben, Tony, and I suppose Charlie, they paid for his meals at the Creps. So we had an arrangement worked out.

20

Q. And then in your diary for April the 25th, you go through an afternoon session of a workout where indeed you have further details of the kind of workout that you did in the afternoon, am I right?

25

A. Yes.





Q. Look on the next page?

A. I'm there.

Q. And indeed, Ms. Issajenko, although  
this diary for me has had a lot of emphasis on other  
5 matters, I'm sure you'll agree with me that 99.9 per cent  
of this diary virtually contains all of the information  
concerning the physical workouts that you actually ---

A. Yes, and ---

Q. ---went through over ---

10 A. And I would like to dispell the notion  
that it was, as they call it, a drug book. I wrote this  
first and foremost because it was a reminder for me of the  
training that I had done the previous year and as a result  
I could go over each year to see what I had done wrong.  
15 It just so happened that I'm the type of person who likes  
to write everything down. So....

Q. And indeed, if one looks through the  
diary, one can see from year to year where you've gone  
back and made a note as to what you had done the previous  
20 year and what, in fact, you were planning on doing in the  
current year?

A. And also, like Charlie, I believe that  
to be a successful coach you had to be a successful  
athlete. There was no degree in the world that could help  
25 you to produce world class sprinters.



And this diary was an aid to me, if I ever in my life wanted to coach, I would not make the same mistakes that I made with myself with my pupils. By then I figured I would have the perfect training program.

5

Q. And indeed we'll get to that later but one of your hopes, eventually, is, first of all, to be the coach of your daughter and make her the world champion.

But, apart from that, you're going to -- you hope, share your knowledge and abilities with other young athletes?

10

A. Yes, I'd like to do that.

Q. We'll come back to that later. Now, I wanted to again to pick up a couple of things from yesterday. You mentioned that in October of 1983 you began a physician -- a patient/physician relationship with Dr. Astaphan and he was, in effect, going to take over your program.

15

Now, the other Toronto doctor that was referred to in your evidence yesterday, did you continue to see him right up until just before the time that Dr. Astaphan took over?

20

A. Yes, I did.

Q. All right. And you last saw him in September in relation to your sciatic nerve problem?

25

A. Yes, I did.





Q. And it would appear that he didn't really think that the problem was a sciatic nerve problem or he didn't think it was the kind of problem that you had considered, is that so?

5 A. Yes, he did. He believed I had tendonitis and I didn't believe it because I had seen two others sports medicine doctors in Europe and they assured me that it was a sciatic nerve irritation.

10 Q. When you went to see Dr. Astaphan first, in early October, it was in connection with this injury to your leg?

A. Yes, it was.

15 Q. And at that time, Dr. Astaphan, I think you told me, concluded that it was a sciatic nerve problem?

A. It was indeed a sciatic nerve problem.

20 Q. So, I take it from what you've said that by virtue of the fact that you were not prepared to accept what the other doctor had said about the diagnosis in relation to your leg, you were prepared to accept what Dr. Astaphan had to say, that that again would have been an additional reason for your being attracted to Dr. Astaphan?

A. Yes, it was.

25 Q. All right. And Dr. -- or Mr. --



Freudian slip -- Mr. Francis has said that you and other athletes had a great deal of confidence in Dr. Astaphan as a sports medicine physician knowledgeable in treating injuries suffered typically by track and field athletes?

5           A.    That's true.

          Q.    And you held that view as well?

          A.    Yes, I did.

          Q.    Then Ms. Issajenko, I think in passing on more than one occasion yesterday, you mentioned  
10       clearance times for the drugs that you were taking.

          Can you tell me up until 1986, in general terms, was there a clearance time that you used in respect of the drugs you were on at that time? I don't want to go back over what the particular ones were but, first of all,  
15       was there an accepted clearance time that you used?

          A.    In the case of Dianabol, 28 days.

          Q.    Yes?

          A.    Or more. When we began with Winstrol, it was rumoured the clearance time for Winstrol would  
20       could be as short as 14 days but we took the same as for Dianabol, 28 days because we were always careful.

          And, I would like to point out at this time, that we did not use anabolics to compete as a means of competing on. It was better when we were off the drug  
25       because we run better. We were lighter and our



strength/weight ratio was much better.

Q. Yes. All right. And was the notion of the clearance time, was that a subject of some discussion among those of your group who were in fact using anabolic  
5 steroids?

A. Not among the group but Charlie was careful to explain to us.

Q. Yes?

A. That we had to be careful and he  
10 allowed much more than the normal clearance time.

Q. All right. And again, arising out of your evidence yesterday, you testified as to Tony Sharpe and Ben Johnson arriving in Guadeloupe, I think, about a week after you had arrived. And you were expecting them  
15 to bring with them some growth hormone?

A. Yes.

Q. And indeed you told us about an incident at the airport involving the customs or immigration officials taking some of the drugs that they  
20 had brought with them.

Now, were you present at the airport at the time?

A. Yes, I went to meet them.

Q. But I just want to be careful now, that  
25 when Sharpe and Johnson came through the customs area



where this incident occurred and the drugs were taken or the vitamins were taken and Sharpe took the steroids or the aqueous-testosterone and the growth hormone, were you present for that?

5                   A.    I -- Sharpe told me he took the cooler out that had the other drugs. I saw the box with the vitamins, yes, because it was one of those glass things you could see through.

10                  Q.    So you're standing looking in the glass waiting for them to come through the customs area?

                  A.    Yes. But at that moment, I had no idea that Tony had quickly grabbed the little container -- the cooler with the growth hormone.

                  Q.    And the aqueous-testosterone?

15                  A.    Right.

                  Q.    And do you remember now how much aqueous-testosterone was brought down at that time?

                  A.    It was a small bottle with a yellow label, white and yellow label around it. I'm not sure ---

20                  Q.    Was it more than one bottle?

                  A.    No, one bottle.

                  Q.    All right. Now, I've got here a container package that is white with a yellow stripe around the package.

25                  A.    It was not in the package. It was just





in the bottle.

Q. All right. Then I'll take what's in the package out. And there is a brown bottle with a white label with a yellow stripe around it as saying Malogen  
5 Aqueous 100 Sterile Testosterone Suspension, USP, 100 milligrams -- millilitres. Do you recognize that bottle?

A. It was a bottle like that, yes.  
Because the aqueous, it comes in a standard bottle.

Q. And you said yesterday that there was a  
10 label on the bottle and was there a label like that on the bottle?

A. Much like that, yes.

MR. ARMSTRONG: Perhaps, Mr. Commissioner,  
we could have this marked as the next exhibit. There will  
15 be further evidence, I believe, or information in connection with this but I'm advised that the packaging and the labelling of this particular drug has virtually not changed for several years and there is only one distributor of it certainly in Ontario and probably in  
20 Canada.

THE COMMISSIONER: Number please, Mr. Registrar?

THE REGISTRAR: It will be number 124, Mr. Commissioner.



---EXHIBIT NO. 124: Bottle of Malogen Ageous 100

MR. ARMSTRONG:

5 Q. All right. Finally, I want to move  
ahead from where we were yesterday, and I believe at our  
request last evening you checked your diary and found out  
that you arrived home from Guadeloupe on May the 12th?

A. That's correct.

10 Q. All right. May I just have your  
indulgence, Mr. Commissioner?

All right then. Again, I don't want to  
dwell on particular entries of your diary this morning.  
Suffice it to say, Ms. Issajenko, that in June of 1984  
through to mid-July, there is an indication in your diary  
15 of a further cycle of crescormon, growth hormone?

A. That is correct.

Q. And that cycle, I assume, would have  
included growth hormone obtained from Dr. Astaphan?

A. That's correct.

20 Q. It would surely by that time have been  
completely -- you would have completely used up the  
substance received from -- by prescription from Dr. Kerr?

A. That's correct.

25 Q. All right. Then, I want to take you to  
a diary entry in your book on August the 9th, 1984 and I



assume on August the 9th, 1984, you would have been at the Olympics in Los Angeles?

A. That's correct.

Q. And in this diary on August the 9th,  
5 you list some names of some competitors and then you, about midway down the page, you start an entry which reads will be -- I'm sorry, I can't make it out, but do you know where I want you to start? About midway down the page, I'd like you to read that entry, if you would?

10 A. This one?

Q. Yes.

THE COMMISSIONER: Which page, Mr.  
Armstrong?

MR. ARMSTRONG: Sorry, it's August the 9th.

15 THE COMMISSIONER: Is this August.

MR. ARMSTRONG: August of '84.

THE COMMISSIONER: All right.

MR. ARMSTRONG: Have you got it?

THE COMMISSIONER: Yes. I don't know the  
20 date. Is this the 9th? Thursday the 9th? Is that what it is? There is no date on mine here.

MR. ARMSTRONG: I apologize. It's the very first page, in any event, in the August section.

THE COMMISSIONER: Thank you.

25 MR. ARMSTRONG: At the top of the page it





says, up at 9:30.

THE COMMISSIONER: I see that, okay.

MR. ARMSTRONG:

5 Q. Okay. Now, Ms. Issajenko, would you just read the entry that you and I just pointed to?

A. They said talked to Spilker. They are staying on Testo all year.

Q. Let me stop you there. Who is Spilker?

10 A. He is a coach with the team from West Germany. Charlie had a lot of conversations with him and I believe Charlie was present when I spoke with him.

Q. All right.

15 THE COMMISSIONER: I'm sorry. He's the coach of where, Australia?

THE WITNESS: He's the coach from West Germany.

THE COMMISSIONER: West Germany?

THE WITNESS: Yes.

20 THE COMMISSIONER: It says here, they are staying on....

MR. ARMSTRONG:

Q. Why don't you just read that again?

25 A. "Talked to Spilker. They're staying on



Testo all year. Not really a training effect going on out there. Purely chemical."

Q. Now, can you, as best your recollection will permit you, tell us what this conversation was about?  
5 Was it, first of all, about ---

A. It was about the use of anabolics and he stated that he didn't believe that the athletes were taking a break. They were compensating by using a lot of testosterone. So what I got from this, in effect, they  
10 weren't using anabolics to -- only in the training periods.

Q. They were using it right through the competitive period?

A. That's what I understood from this.

15 Q. And I take it that he didn't specify anybody in particular? It was a general discussion?

A. It was a general discussion, yes.

Q. By a coach of the West German team?

A. Yes, it was.

20 Q. All right. Then, I want to take you to an entry, Ms. Issajenko, on August the 21st in your diary, if you will?

A. August the 14th, I think.

Q. All right. August the ---

25 A. 14th?



Q. 14th, bottom of the page, reference to Dr. Astaphan?

A. "Dr. Astaphan was on the right track but because of fear I didn't follow through."

5 This is in regards to the statement I made before, that because Jamie -- Jamie had also thought that a lot of the athletes were not going off the cycles of testosterone, that they would stay on all year.

10 But at this point, I had come to the conclusion that I didn't like -- I was afraid of the drug, testosterone. I didn't like it and I didn't want to do it.

15 Q. All right. Then I want to move you to the entry on August the 21st. Indeed, in your diary it looks like it's August the ---

THE COMMISSIONER: Excuse me. Couldn't testosterone be detected at that time in '84 because they were testing at the Olympics?

20 THE WITNESS: I believe, but they had a ratio for --

THE COMMISSIONER: I see.

THE WITNESS: There was a ratio.

MR. ARMSTRONG: That's the epitestosterone, testosterone ratio, six to one ---

25 THE WITNESS: Yes.



MR. ARMSTRONG: That is referred to in your diary earlier.

THE COMMISSIONER: I see, thank you.

5

MR. ARMSTRONG:

Q. Then I want to move you along to an entry in your diary that is August the 21st.

10

Mr. Commissioner, it will appear in your photocopy as August 23rd but there is a strikeover changing the three to a one.

And do you have an entry there, Ms. Issajenko, reading the question is, "what they have done..." et cetera?

15

A. Yes. "God knows I've worked hard. The question is what they've done. I am convinced they're compensating chemically because it is not possible to work harder than I do. Well, we will see what happens next year". This was a reference to athletes in general, mostly the European.

20

Q. And obviously, from that entry, it was your belief in the immediate aftermath of the 1984 Olympics that there were a number of high performance athletes who were compensating chemically by using anabolic steroids?

25

A. So I believed because I had seen, in





one case, where an athlete went from one year, 53 seconds in the 400 to 48.83 and 23 seconds to 21.81 and I thought, what kind of training is possible to do this? I mean, are they out there 24 hours a day?

5 Q. All right. Now, that takes us, as far as I intend to take you, through the 1984 year, in particular. We had discussed yesterday the fact that you had 1985 off for the birth of your baby and then there however are some references in your diary in 1985 that I  
10 want to draw your attention to.

First of all, particularly a reference in April 1985, on April the 26th. Could you turn to that, Ms. Issajenko, please?

15 A. It read, "Told Andrew the facts of life. Everyone else is doing him. Why not him? He agreed. Oh, well."

Q. Now, who is Andrew?

20 A. His name is Andrew Devlin. He was a kid -- or a young man who came from British Columbia to train with us.

Q. Is he a sprinter?

A. Yes, he was.

Q. And what were the facts of life that  
25 you told him?

A. We had a discussion about anabolics.



Q. All right. And then there is another entry in 1985 that I want to refer you to in June, June the 26th -- sorry. Just give me a moment, Mr. Commissioner.

5 All right. Then there is a reference in your diary to an athlete and I think we'll just leave out the particular name but read it without putting in the name of the athlete, would you?

A. "Rumor '-' tested positive at the Bruce  
10 Jenner Classic. Very interesting."

Q. And indeed, through the track and field world in May, June of 1985, there was common talk, was there not, of a leading athlete who had tested positive and who had not been sanctioned or disqualified in any  
15 way?

A. That's correct.

Q. And indeed, that particular athlete didn't, however, compete until two or three months after that particular event and seemed to take the summer off?

A. That's correct.

Q. And I take it you would agree with Mr. Francis, with his evidence, that from time-to-time in the track and field world, in the last oh, seven, eight, ten years, that there was common talk among athletes and  
20 coaches about a number of positive tests at a number of  
25



track meets in which no action was taken?

A. There was rumors, yes.

Q. And I assume that, whether or not those  
rumors are true or not, they must have had some effect on  
athletes in thinking that steroid use, indeed for a number  
of reasons but for this reason, indeed is a fact of life.

5

10

15

20

25



A. That's correct.

Q. Then, Ms. Issajenko, we get to the end of 1985, and I take it that your child having been born in September, you begin to think about returning to the track?

5

A. That's correct.

Q. And do you have a discussion with Dr. Astaphan about that towards the end of 1985?

A. Yes, I did.

10

Q. And could I take you then to your diary on December the 24th, and could you read that note that begins "Dr. Astaphan"?

A. "Start with 1-cc for one month, then 1-cc, then escalated to 1-cc twice per week." No, sorry, "Quarter-cc for one month, then 1-cc, then escalated to 1-cc twice per week."

15

Q. I take it this was a discussion with Dr. Astaphan as to what your drug program might be in the future when you begin training in the new year?

20

A. That's correct.

Q. And then, indeed, during --

THE COMMISSIONER: One cc of what was it?

A. At this point, it must have been Estragol.

25





MR. ARMSTRONG:

Q. All right. I'm now going to get into the question of Estragol with you, but first of all, your diary, I take it, indicates that in early January 1986 or, indeed, I think it's later in January 1986, you do begin a program of taking a drug called Estragol?

A. That's correct.

THE COMMISSIONER: First you said it was in September of 1985?

MR. ARMSTRONG: No, that was the discussion.

THE COMMISSIONER: The discussion, I see.

MR. ARMSTRONG:

Q. All right. Now, had you ever used this drug Estragol ever before?

A. No, I hadn't.

Q. I take it it was Dr. Astaphan who introduced you to it?

A. Yes, it was.

Q. And what did he tell you about it?

A. It was a water-based drug which cleared the system a lot faster, and he thought the clearance time was 15 days. The clearance time didn't matter to me because I, as I said, most times I was running, I was 60 to 80 days off anabolics. And it was the fact that it was



an injectable drug and a water-based drug.

Q. All right. And did he recommend that you use Estragol over any of the other drugs that you had been using up to that point in time?

5 A. No. I think he just found a new drug and everybody in the group would use it.

Q. Then you did --

A. We had no discussion as to whether it was really better than, say, water-based Dianabol. If I had had -- I shouldn't say if I had a choice. Actually, when I went to see him, I asked for water-based Dianabol because Dianabol was the drug that I responded very well to. But he didn't have it at the time, or he thought the clearance time with Dianabol was much longer.

15 Q. Did he end up, when you entered into the Estragol program, did he supply the Estragol to you?

A. He had it in his office. The whole year, until he left for St. Kitts, we really weren't injecting ourselves anymore. We would go to his office every Monday, Wednesday and Friday.

20 Q. And who would go?

A. Myself, Tony Sharpe, Ben, and later on, people like Cheryl Thibedeau, Andrew Mowatt, Dave McKnight, Mike Sokolowski, people like that. And I would run into other people from time to time at the office, but

25



I had no idea what they were in for.

Q. So you received the shots of Estragol directly from him in his office?

A. Yes, I did.

5 Q. Did he tell you where he got the Estragol?

A. No, he didn't.

Q. Did he charge you for the Estragol?

A. Well, at one point in my book I do have  
10 a payment to Jamie.

Q. All right. Well, we'll come to that in a few minutes.

A. But he -- I think I might point out, yesterday I might have sort of painted a picture of Jamie  
15 as a drug dealer. He was not a drug dealer, you know. He -- I wouldn't say he sold. I would say he obtained anabolics for us, and he did not make a profit off it. Whatever, if he bought it for \$50, we paid him \$50 because he's not a millionaire. He can't be taking money out of  
20 his pocket and supplying everybody with medication.

Q. Now, when you went to his office to receive the shots of Estragol, did you see the bottles or the vials that the drug was contained in?

A. Yes, we did.

25 Q. Were there any labels on those bottles?



A. No, there wasn't. No, there wasn't. At the odd times there were labels on Vitamin B-12 because he would mix, you know, other types of B-12 with the drug. Sometimes if your hemoglobin was low, he would mix  
5 ferrotin and iron, a higher concentrate of iron with the regular Vitamin B-12.

Q. And when you would receive a shot of Estragol, would you also receive a shot of Vitamin B-12 or some Vitamin B compound?

10 A. He would mix them, yes, and you saw because he had the bottles on his desk. He had both bottles there.

Q. And what was the colour of the Estragol?

A. It was sort of a brownish.

15 Q. The Estragol?

A. No, not the Estragol. I thought you were talking about the inosine. White, the Estragol was white. Sorry.

Q. We have some here, and I'm going to show  
20 it to you a little later, but people have described it, other witnesses have described it as a milky white substance, is that--

A. That's fine. You know, when it settles, it's very white half-way in the bottle, and it looks like  
25 just water on the top when it settles.





Q. And the Vitamin B-12?

A. That was sort of a brownny. There was another B-12 that was sort of burgundy red, a redddy colour. That was the one we could buy in a pharmacy. The  
5 inosine, I don't know, Jamie said he had someone who made it for him.

Q. All right. Then what was your reaction to the use of the Estragol when you received the shots of Estragol? What effect if any did it appear to have on  
10 you?

THE COMMISSIONER: What period? Are we now in '86?

MR. ARMSTRONG: Yes.

THE COMMISSIONER: And approximately when?

15 MR. ARMSTRONG: I think we've already identified she started the 22nd of January 1986.

A. Yes, that's correct.

THE COMMISSIONER: I missed that, I'm sorry.

MR. ARMSTRONG: Well, it was easy to miss  
20 because I kind of slipped over it. Perhaps we had better just identify it a little more clearly.

MR. ARMSTRONG:

Q. It appears from your diary --

25 THE COMMISSIONER: The exact date is not



important.

MR. ARMSTRONG:

Q. -- that at some time in mid-January  
5 that you started on a program of Estragol; is that right?

A. That's correct.

Q. And that continued over a period of  
January, February to, it would look until what, the middle  
of March? No, you go a little later, in fact, until about  
10 the 24th of March.

A. To --

THE COMMISSIONER: This is when you had been  
going to Dr. Astaphan as a doctor, what did you say, three  
times a week?

15 A. Three times a week, yes.

It goes to August 19th. That's the last  
date I have. But there were many breaks in between.

MR. ARMSTRONG:

Q. No, I understand. So, again, I don't  
20 think it's necessary for our purpose to go through the  
kind of detail that we went through yesterday, so what  
appears from your diary is that during 1986 when you were  
training, there would be periods of time when you were  
25 receiving on a regular basis, you and others, shots of



Estragol from Dr. Astaphan?

A. That's correct.

Q. All right. And then can you just help me, Ms. Issajenko, going back to the question I was asking you earlier, what reaction did you have to the Estragol? How did you find it?

A. By this time, it's difficult -- at the beginning, as I explained yesterday, when you just start anabolics, whether it is the drug you're feeling or the fact that you feel something because you know you're taking something. At that point, yes, I did feel more aggressive, and the aggression, I should point out, is not that I want to go out and run through a wall. It is aggression in training.

Q. Yes.

A. It meant that I was afraid of no workouts. I could accomplish everything. That's what I meant. Not that, you know, I had erratic behaviour of some sort or something like that. It was training. I was able to do all my training, and I could walk away from it. I wasn't afraid of it. I could come back the next day and go harder.

Q. Did you ever have any experience with Estragol that it made you feel tight, or is it difficult looking back to be able to distinguish being tight from



the workouts or being tight from any particular drug you might be taking?

A. When I look back at it now, yes, because I believe that -- and that's why a lot of times I took  
5 things, control of what I did. I took things into my own hand because I was the only one who knew what was best for me. When I started in June with Jamie on the Estragol, I felt that, at the time I didn't know, but I was getting 1-cc, which later, when I look back, was much too much.  
10 And that's when later I modified my own program and found out that I didn't need anything over a quarter-cc. But I had to do that on my own. I had to find that out on my own.

Q. All right. And, indeed, if we look in  
15 your diary in April 1986 at the end of your diary where there is an undated entry under the heading "April Notes," you have a note that reads, "I am also very tight and achy, probably because I went up in dosage for a week." And is that an example of the kind of thing you were  
20 talking about?

A. Yes, that is.

Q. And did you find, indeed, that as you went on, that you really couldn't or didn't want to tolerate any more than about a quarter-cc of Estragol?

A. That's correct. It also, the one thing

25





I may point out about this Estragol is that it seemed awful similar to oral Winstrol to me.

Q. Yes?

A. Yes.

5 Q. You had mentioned yesterday that when you took the oral Winstrol that you didn't like it?

A. Didn't like it, no. And the Estragol in the dosage of 1-cc, I felt basically the same way as the year, in '82, that period when we tried Winstrol.

10 Q. Tight and achy?

A. Yes.

Q. Then, Ms. Issajenko, as usual, I guess, in 1986, you participated in the Nationals?

A. Yes, I did.

15 Q. And were they in Ottawa?

A. Yes, they were.

Q. And you have an entry on May the 8th, 1986, in your diary, that I just want to refer you to.

A. Would you like me to read it?

20 Q. Sorry, yes.

A. It says, "Dr. Ast. same, last one until the Nationals."

Q. Until after Nationals?

25 A. Yes. Or the Nationals because I had already set up a plan that right after the National



Championships I would start again.

Q. So when you say "Dr. Astaphan same,"  
what does that refer to?

A. It means the Estragol.

5 Q. You're saying --

A. The combination of the Estragol and the  
inosine, yes.

10 Q. And then when you say "last one until  
after the Nationals," or after Nationals, that would be  
your last injection of Estragol on May the 8th until after  
the Nationals?

A. That's correct.

THE COMMISSIONER: And what was the date of  
the Nationals?

15 A. It was further on.

THE COMMISSIONER: We'll come to it, I  
guess.

A. Yes.

20 MR. ARMSTRONG:

Q. We're going to come to that now. I want  
to turn you to an entry--

A. Oh, June 21, 22. The Nationals were  
June 21, 22. Or 20th, 21, 22nd, something like that.

25



MR. ARMSTRONG:

Q. Before I take you to --

THE COMMISSIONER: Just a minute. Then I'll go back to the 8th, "When we go again to prepare for dual meet --" is that with East Germany? I'm back to the 8th of May.

A. May 8th.

THE COMMISSIONER: "We'll go again to prepare for --" Go back to Dr. Astaphan again? Is that what that means?

A. No, I meant -- we'll go again?

THE COMMISSIONER: Back to 8th of May, I'm sorry. "Dr. Astaphan, last one 'til after Nationals. Will go again to prepare for dual meet." I can't quite make that out. Do you see that?

MR. ARMSTRONG: With DDR.

A. "We'll go again to prepare for a dual meet with DDR and the Commonwealth Games." I guess that meant this was the last shot, but we had another, we would have another cycle in preparation for the meet with the DDR and the Commonwealth Games.

THE COMMISSIONER: I understand.

MR. ARMSTRONG:

Q. And, presumably, I suppose the reference



to Dr. Astaphan would be that you would have been in his office that day getting your last shot because you told us that he was giving you the injections of Estragol during 1986 or until he left?

5

A. That's correct.

Q. And he was still in Toronto in the spring of 1986?

A. That's correct.

10

Q. And before I take you to the Nationals, there's an entry on June the 10th in your diary that I want to refer you to.

A. "June the 10th, Harry Jerome meet. Marshall didn't run. Couldn't pass doping control."

Q. All right. Now, who is Marshall?

15

A. This was an athlete from the United States.

Q. And how do you know that she couldn't pass the doping control?

20

A. Because the evening when they arrived, the coach, Charlie and the coach were sort of good friends, are good friends, and Charlie told him there was doping control. And, of course, he did not know this. So he informed Charlie that this athlete would not run. So they came up with a fictitious injury.

25

Q. Who was the coach that Charlie talked





to?

A. Chuck Davis.

Q. All right. Then, I want to take you to an entry in your diary on June the 22nd.

5 A. This was after the final of the 200 metres at the National Championships.

Q. Yes. And do you have the actual reference here?

A. June the 22nd.

10 Q. June the 22nd, and at the top, it says, "Ben ran 10.07."

A. "Plus 1.6; Dwyer 10.39; Desai 10.39; Mark 10.39." I always made a habit of writing down my times as well as the times for everybody in my group.

15 Q. All right. And so that page, I take it, identifies the fact that you must have been at the Nationals in Ottawa on that day?

A. That's correct.

Q. All right.

20 A. And I might add that I had 2-cc of inosine, which was given to me by Jamie. Jamie came to see us run, yes. But he had to leave, so he left around noon, around midday.

Q. And would you typically, you and others, 25 get shots of inosine on a race day?



A. Typical, yes.

Q. Would that be--

A. Sometimes during the competition phase, we'd go three days in a row.

5

Q. With--

A. With the Vitamin B-12, yes.

Q. And would you get the inosine before you run?

A. Um, hm, yes.

10

Q. Then there's a note at the top of the page on this diary, "46 days." Do you know what that refers to?

15

A. I always wrote, if I stopped today, tomorrow I would write day one, and so forth, two, three, four, five. This meant I had 46 days off anabolics for the National Championships.

THE COMMISSIONER: You had been off?

20

A. For 46 days, yes. Because, as I will explain again, we used anabolics only for training, and we were able to compete, every one of us, at a very high level with long periods off anabolics. And I don't think I could say that of a lot of people in the world. That showed that we were not just relying on anabolics. Charlie was the best coach in the world, and he knew how to run the program and how to cycle it in such a fashion.

25



He made sure that we'd all build up this tremendous endurance that we could be up to 60 days, even more, off anabolics, and still be performing at a high level.

Q. All right. The rest of your note that  
5 day contains information, obviously, from the Nationals as to what occurred that day. You've got a reference to 200-metre final at 7 p.m. and so on. The very last entry on June 22nd, at the bottom of the page, can you read that, please?

10 A. It says, "1-cc Estragol."

Q. And to what does that refer, Ms.  
Issajenko?

A. That's an -- I got an injection right  
after the Nationals.

15 Q. And where were you when you got that  
injection?

A. In Ottawa.

Q. And who gave you that injection?

A. Waldemar Matuszewski.

20 Q. We've already heard Waldemar Matuszewski  
identified as a masseur, perhaps much more than a masseur,  
a masseur/physiotherapist attached to the national team,  
and I take it that's the same individual?

A. Right.

25 THE COMMISSIONER: And where was this?



A. See, the reason being Jamie went home --  
this was at the Nationals.

THE COMMISSIONER: Yes.

5 A. And Waldemar did our massages after the  
race as well, and I asked him for the shot.

THE COMMISSIONER: Who had it? Who had the  
Estragol then?

A. I had it.

THE COMMISSIONER: I see.

10

MR. ARMSTRONG:

Q. So obviously you had finished competing  
at the Nationals that day.

A. Correct.

15

Q. You were having your massage. Jamie  
Astaphan had left.

A. Correct.

Q. And, obviously, you needed somebody to  
give you this injection if you were going to take it?

20

A. Correct.

Q. And you asked Waldemar to give you the  
injection and presumably he agreed, did he?

A. That's correct.

Q. And he gave you the injection?

25

A. He gave me -- because I believe at this





time, Charlie was around, but I'm quite sure at this time that Charlie did not give anyone injections, at this point.

Q. Now, in fact, we've heard from Mr.  
5 Francis that the first time that he did any injecting of any athletes was when he gave Ben Johnson some Vitamin B-12 at the--

A. Good Will Games in Moscow.

Q. -- Good Will Games in Moscow.

10 A. There was no one there, so he had to get brave.

Q. Now, then, Ms. Issajenko, the Estragol that was injected --

15 THE COMMISSIONER: I noticed on the 22nd of June, is this Atlee? Is that Mahorn? " -- is going to run like hell this year. He is so smooth. His 400-metre should be --"

A. Fantastic.

20 THE COMMISSIONER: "-- fantastic." I gather from that that you're all encouraging each other. You seem to be working as a team, and you're quite excited about how well he was performing?

25 A. Even, though, to be honest with you, he had just beat Ben, so I wasn't too happy. But I wrote it anyways. He had just beaten Ben in the 200.



THE COMMISSIONER: Then I've overstated the case.

MR. ARMSTRONG:

5 Q. Now, you've told the Commissioner that on June the 22nd that you had the Estragol with you that Waldemar Matuszewski injected into you that day. Did you have it in a bottle, a vial?

10 A. Yes. It was just -- not -- more than enough that I needed, but a little vial.

Q. And did you have the syringe and needle with you?

A. Yes, I did.

15 Q. And did -- was it your opinion that Mr. Matuszewski knew that he was injecting you with a steroid?

A. Yes, I believed he knew because I would tell him, I told him what I wanted him to inject me with.

Q. What did you tell him?

A. I needed 1-cc of Estragol.

20 Q. All right. Then I want to take you to a note in your diary -- again, it's an undated note -- at the end of June. And at the top of the page it says, "Notes, June." Could you help us, Ms. Issajenko, and take us through what is stated on that particular entry?

25 A. "5 cc's Estragol, \$50. I need supplies.



I need one bottle inosine , one --"

Q. Can I just stop you because I want you to read right from the top, yes. "I need supplies." You just jumped in a little later than I --

5 A. "I need supplies, one bottle inosine, one ampule Viatrol."

Q. Just let me stop you there. What's Viatrol?

A. It's an an anti-inflammatory that we  
10 could only purchase in Italy.

Q. All right.

A. And I must point out, at this time, I was using Viatrol or all sorts of anti-inflammatories because, for some reason -- I had never had problems with  
15 the bursa or my Achilles before, but after I came back to training after having the baby, I developed bursitis and I -- actually, I'd been on anti-inflammatories from the winter of 1985, and I didn't stop until the end of the Olympics.

20 Q. All right. Then, I'm sorry I interrupted you. The next entry is in brackets, "5 cc's Estragol"?

A. Um, hm.

Q. Just read on, please.

25 A. "If he won't be here." That's a



reference to Jamie. "Add expenses to pay Dr. Astaphan. So far I have had 5 cc's Estragol, 34 cc's inosine, inosine \$45 per bottle, \$165 paid. I need 18 needles for a total of six weeks."

5 Q. And where you've got the "\$165 paid," and that figure is circled, I take it that was the total amount of money that you had paid to Dr. Astaphan up to that particular time in regard to the Estragol, is it?

10 A. That is what I gave him, yes, for, from starting in, from when I started until the last shot I had.

Q. And the reference to inosine, \$45 per bottle, obviously, that must have been what you were paying for each bottle of inosine?

15 A. About, yes.

Q. And were you getting the inosine from Dr. Astaphan as well?

A. Yes, and I had a total of 34 cc's, and one bottle has 30 cc's.

20 Q. All right. And then going back up to your entry where you say, "5 cc's Estragol, if he won't be here." Was it about this time that it was anticipated that he, indeed, might be leaving Toronto and moving back to St. Kitts?

25 A. That's correct.





Q. So presumably you're, in a sense, preparing a little list of what you might need if he was going to return to St. Kitts?

A. That's correct.

5 Q. Then there is an entry on July the 1st that I wanted to direct your attention to, Ms. Issajenko. At the very last entry, "2 cc's," in brackets. Would you just read that, please?

10 A. Do you want -- oh. "2 cc's, concoction of Astaphan. Ben says it's great."

Q. I take it the reference there is to Ben Johnson?

A. Yes, it is.

15 Q. Do you know what the concoction is that is referred to?

A. It must have been some sort of a Vitamin B-12 because at this point we would not have been doing anabolics. We were going to Europe to compete.

20 Q. In any event, is this a note of what Ben Johnson told you of what he thought about whatever the particular concoction was that he had received from Dr. Astaphan?

A. Yes.

25 Q. All right. Then I want to take you to a reference on July the 10th, starting with--



A. "Well, the something will surely hit the fan. Dr. Astaphan has told me that three people got caught at the Nationals. Now, Chuck says it's Rob Grey, Spiritoso, and Peter Dajia."

5 Q. I take it the Chuck is a friendly reference to Charlie Francis?

A. Yes.

Q. And Grey, Spiritoso and Dajia were three throwers on the Canadian team; is that it?

10 A. That's correct.

Q. And then there's a reference on July the 18th in your diary that I want to refer you to. Could you go there, please?

15 A. "Wayne Parish says Otto Jelinek says those guys will be banned for life. Tosha says Rob has taken it to the supreme court."

THE COMMISSIONER: Where are we?

MR. ARMSTRONG: July the 18th. Sorry, we're moving a little quickly. It's about the second line,  
20 third line down on July the 18th.

THE COMMISSIONER: Thank you. I see it.

MR. ARMSTRONG:

25 Q. All right. And what she read was "Wayne Parish says Otto Jelinek says those guys will be banned



for life. Tosha says Rob is taking it to the supreme court." Now, Wayne Parish at the time was a sports writer with the Toronto Star?

5

10

15

20

25



A. I believe so, yes.

Q. And then Otto Jelinik, obviously at that time, must have been the ---

A. Sports Minister

Q. Sports Minister?

A. Yes.

Q. And the guys that you were referring to, I take it, are the same three throwers who had presumably failed the doping test at the nationals?

A. That's correct.

Q. All right. And the reference to Rob is a reference presumably to Rob Gray who was taking his case to the Supreme Court of Ontario?

A. That's correct.

Q. And the reference to Tasha, indeed, is a reference to the gentleman who now is your husband, Tony Issajenko?

A. Yes.

Q. Then there is a reference, Ms. Issajenko, on August the 17th in your diary that I wanted to draw to the Commissioner's attention. It's the one at the bottom of the page, Dr. Astaphan?

A. At the top, you mean? August 17th?

Q. Yes, August 17th.

THE COMMISSIONER: There's two.





THE WITNESS: Dr. Astaphan ---

THE COMMISSIONER: There's one at the top  
and the bottom here.

5 MR. ARMSTRONG: Hang on. Let's get it from  
the -- right there. Sorry, I pointed at the top of the  
page. Indeed, it's the one at the bottom of the page.

THE COMMISSIONER: 200 metres?

10 THE WITNESS: Excuse me. "Dr. Astaphan did  
not mix this batch. It's pure Estragol. I will only take  
1 cc per day".

MR. ARMSTRONG:

Q. All right. Now, can you help us as to  
what that refers to, batch of what?

15 A. Estragol. You see, all the time that  
we went to Jamie's office, he had the bottles on his desk  
and he would take the anabolic out and take the B-12 out.  
He wouldn't -- they weren't pre-mixed. They would be  
mixed in the needle.

20 Q. In the syringe?

A. Yes. And this time he had given me a  
bottle with just pure Estragol, unmixed, and that's why I  
said pure Estragol.

25 Q. All right. Then could I take you over  
a couple of pages -- or just one page, Ms. Issajenko, to



August the 18th and there is a reference at the top of the page to Estragol and then at the bottom of the page, you say we have to find out the clearance time on the Estragol. Have I read that correctly?

5 A. Yes, you have.

Q. Now, that's just a little confusing to me because I thought you had told the Commissioner earlier in your evidence this morning that one of the things that you had discussed with Dr. Astaphan, back in December '85 or January '86, was the clearance time of this drug, Estragol, which he said was 15 days.

And can you tell me why this reference is in your diary to the effect we have to find out the clearance time on the Estragol?

15 A. I suppose because -- this was a little note to myself, because it was a new drug, not the standard drug like Dianabol, Winstrol that you know about and you hear from other athletes what their clearance times are. And Jamie said it was 14 days, 14, 15 days and Commonwealth Games were coming up, of course, and I was just a little concerned that I'd really want to find out whether it was ---

20 Q. For sure.

A. Ten days or even three days.

25 THE COMMISSIONER: It fits in with the



earlier passage because you're now preparing for the next session of meets.

THE WITNESS: Of meets.

5 THE COMMISSIONER: So you're then concerned about the clearance time because you're now getting ready for new competitions.

THE WITNESS: We weren't really sure, you know, whether it was 15, three, five ten.

10 THE COMMISSIONER: Had you ever heard about Estragol before, before Dr. Astaphan spoke about it?

THE WITNESS: No.

MR. ARMSTRONG:

15 Q. All right. Then you mentioned a moment ago that Estragol was unlike Winstrol and Dianabol in the sense that you knew about Winstrol and Dianabol.

20 I take that, from everything we've heard in the evidence so far not only from you, but from other witnesses, that Dianabol and Winstrol were well known drugs used by athletes in track and field?

A. That's correct.

Q. And I take it part of the well-known information and knowledge that would go along with those drugs was what their clearance times were?

25 A. That's correct.



Q. Then I wanted to take you to the next day, August the 19th. You have a further entry beginning with a reference, pure Estragol. Can you just read that to the Commissioner, please?

5 A. "Pure Estragol. Dr. Astaphan should phone today. Dr. Astaphan is leaving for St. Kitts. Well, our training camps will be there for sure. Five weeks as a time. Total four and a half cc's pure Estragol."

10 Q. So I take it, Ms. Issajenko, it must have been at about this time that it was certain that Dr. Astaphan would be leaving Toronto and going to St. Kitts?

A. That's correct.

15 Q. And obviously from what your diary entry reads, the plan was that at least your training camps would be held in St. Kitts presumably where his assistance would be available as your physician?

A. That's correct.

20 Q. And again, in fairness, I assume you would have his services available to treat you for your injuries and the whole host of needs that you as athletes would have for a physician?

A. That's correct.

25 Q. All right. Then there is a reference in your diary that I wanted to direct your attention to on





September the 19th. This, Mr. Commissioner, is a very faint photocopy of the entry in the diary.

THE COMMISSIONER: September 19?

MR. ARMSTRONG: September 19th, yes.

5

THE COMMISSIONER: It is very faint.

MR. ARMSTRONG: All right. It's very faint.

MR. ARMSTRONG:

10

Q. We have asked Ms. Issajenko and she has, together with Miss Pinheiro and Ms. Chown, checked the original entry in the diary and can you just tell us, starting at the line where it says Charlie, what that reads?

15

A. "Charlie says Bishop may be in charge of random doping control. Only rumors at the moment."

THE COMMISSIONER: I'm sorry. Will you read that again? "Charlie says Bishop will be in charge"?

20

THE WITNESS: "Charlie says Bishop may be in charge of random doping control. Only rumors at the moment."

MR. ARMSTRONG:

Q. And I take it that the Bishop reference is to whom?

25

A. Bishop Dolegiewicz.



Q. All right. Then, can I move you along to an entry on September 26th and about halfway down the page you have a reference to a meeting. Could you read that, please?

5 A. "Meeting for the CTFA. No agreement on random doping control. Will decide at next meeting December 1st. Well, lots of time. I wouldn't have to go away until after that then and only for a month. Charlie has some Estragol. The only thing, it's so androgenic."

10 Q. What is -- can you just help me? What is the reference here, "I won't have to go away until after then and only for a month." Meaning presumably after December the 1st. What does that mean?

15 A. We expected random doping control to start and I suppose the CTFA, that they couldn't make up their mind as to when they would implement random doping control. We heard one day and then they'd had a meeting and then decide that they would decide it at the next meeting, December the 1st.

20 So, this was written in September. So, since it was now put off to December 1st, that they discuss it again, then there was time for another cycle. And I suppose the planning was that even if they came, December 1st we would go away to St. Kitts.

25 Q. All right. And the obvious conclusion



that one draws from that is that the thinking that must have been if indeed random doping control was brought in by the Canadian Track and Field Association, that one of the ways to deal with it, if you still persisted on an anabolic steroid program, was to leave the country and go to a place such as St. Kitts, for example, and receive your injections there?

A. That's correct.

Q. And presumably, you could return when you were clear of the drug after you had stopped taking it?

A. That's correct.

Q. Was there some thought of doing that?

A. Yes, there was.

Q. All right. Then ---

THE COMMISSIONER: I see here Charlie has some Estragol. That's the 26th. I think we've heard of that before, on the 26th of September, Charlie has some Estragol?

MR. ARMSTRONG:

Q. Yes?

A. Yes.

Q. Maybe we could just stop there for a moment. I don't know that we've ever put an exact date on when it was that Dr. Astaphan left but Mr. Francis, I



think, suggested some time, August, September '86, your diary would seem to confirm that that's probably the likely time period, is that so?

A. That's correct.

5

Q. And Mr. Francis indeed has testified that before he went back to St. Kitts that he obtained from Dr. Astaphan some of this drug Estragol that you and others were taking at that time?

A. That's correct.

10

Q. And did you obtain some or ---

A. Whatever.

Q. Or Dr. Charlie Francis get it?

A. Charlie Francis got it all.

15

Q. And to your knowledge, initially, where was the supply kept? Was it kept at Charlie's apartment?

A. This was 1986. I don't think it was at this time that we had -- you know, the 18 bottles. I think Jamie had just left maybe a bottle or so at this point. I think it was later on that we ---

20

Q. All right. And by this time, on September the 26th, 1986, had the plan yet developed to go to St. Kitts in December or were you still just thinking about it at this stage?

25

A. We were thinking about it at this stage.





Q. All right. Then, Ms. Issajenko, there is a note undated at the end of October that I would like you to read in part?

5 A. "I think in the past, especially last year, I did too much Estragol and got so much stiff I couldn't do speed over two days. What Dr. Fenn recommends for me --" I don't -- doesn't make sense.

10 Q. All right. And in any event, that's just again the type of note that you would make to yourself as to things that effected your training in a particular time period so that you would have it in -- on your record as to future planning, I assume?

A. That's correct.

15 Q. And again it's just another indication that you thought that you had taken too much in the previous year of this drug called Estragol?

A. That's correct.

20 Q. And again I assume probably further confirmation that you were going to try to stick with the quarter cc rather than the higher dosages of it?

A. That's correct.

MR. ARMSTRONG: Then -- this might be a convenient point?

25 THE COMMISSIONER: All right. We'll take our morning break now, thank you.



---Recess

---Upon resuming

5 THE COMMISSIONER: I'm sorry for the delay,  
but I had a few matters relating to the work of the  
Commission which had to be attended to during the break.  
Go ahead, Mr. Armstrong.

MR. ARMSTRONG: Yes, thank you, Mr.  
Commissioner.

10 MR. ARMSTRONG:

Q. Ms. Issajenko, just before the break,  
we were -- in the fall of 1986, we were at the point, I  
believe, where Dr. Astaphan had indeed left to go to St.  
15 Kitts.

Now was, to your recollection, any  
arrangement made either by you or by Dr. Astaphan to take  
over your medical care in his absence?

A. Yes, there was.

20 Q. And Mr. Francis has already testified  
that indeed there was another physician in Toronto who --  
to whom you and other athletes were directed, is that so?

A. That's correct.

25 Q. And were you one of those athletes that  
went to see this other physician in Toronto?



A. That's correct.

Q. And did he conduct a number of tests in relation to you, so far as you recollect?

A. Yes, he did.

5 Q. And I don't expect you would have instant recall as to the number of tests that that particular doctor performed, but give us an idea, if you can, of some of the tests that you remember that this doctor performed?

10 A. An electromyograph. He did my blood work; hemoglobin. He found it very low; it was 13. Something called an ANA and it was low and there was -- he discovered that I probably had arthritis but he said it was probably a lab error. I had my chest X-rayed, I had  
15 ultrasound for my abdomen, for my pelvis. I had a 24-hour urinalysis.

THE COMMISSIONER: He gave you a general examination then?

20 THE WITNESS: Oh, no. I was running all over Toronto going to see, for example, to Wellesley Hospital to conduct all sorts of tests.

THE COMMISSIONER: Well -- all right. He gave you a thorough examination and then required tests to be taken.

25 THE WITNESS: That's correct.



MR. ARMSTRONG:

Q. All right. And during the course of the fall of 1986 when Astaphan had left and this doctor had taken over, you indeed did go to his office on more  
5 than one occasion to see him?

A. That's correct.

Q. And indeed, as I understand it, there were some discussions between you and him as to what drugs might be appropriate for you to take?

10 A. That's correct.

Q. And was he aware of the drugs that you had been taking under the supervision of Dr. Astaphan?

A. Yes. I had written up a list of every medication I had ever taken since I started and I gave it  
15 to him.

Q. And did he make any particular recommendations to you as to what drugs you might consider taking, relevant to enhancing your athletic performance?

A. He did not like Estragol. He thought  
20 it was too androgenic. He preferred testosterone which I believe was more androgenic than Estragol. So I didn't go back to see him because we didn't agree.

Q. And so was your decision then to stay on the original program that Dr. Astaphan had charted for  
25 you at the beginning of 1986 when you came back after





being absent for a year?

A. That's correct.

Q. All right. However, your diary will show, and I can direct it to you in a moment, that indeed, there is a period of time beginning in November where you take some Dianabol pills, is that so?

A. That's correct.

Q. And indeed, there is a reference on November the 20th, 1986, I believe to 5 milligrams of Dianabol?

A. Only for a ten-day period.

Q. All right. And whose idea was it that you would go back on Dianabol?

A. Jamie recommended that we do oral for a very short time, one week, ten days in a buildup phase. As I said, he liked Winstrol; I didn't like Winstrol so I went back to Dianabol.

Q. I see. So these would be the oral tablets rather -- he preferred the oral Winstrol tablets. Rather than your taking the Winstrol tablets you did the Dianabol?

A. That's correct.

Q. Now, from whom did you get the Dianabol tablets?

A. From Charlie.



Q. And in this period of November '86, this would be the typical training period leading up to the 1987 indoor season?

A. That's correct.

5 Q. And apart from this ten-day period of Dianabol, also at this time your diary would show that you went into a cycle of Estragol?

A. That's correct.

Q. The injections?

10 A. That's correct.

Q. By this time Dr. Astaphan had left. Who would be -- who was giving you the injections at that time, do you recall?

A. My husband.

15 Q. All right. Then, we asked you to check your records last night as to when it was you went to St. Kitts and I believe you either found a diary entry or from at least reviewing your diaries it was determined that you went to St. Kitts on December the 1st?

20 A. That's correct.

Q. And you remained in St. Kitts from when, about December the 1st, 1986 on into early January, 1987, was it?

A. That's correct.

25 Q. And who was it in December of 1986 who



went to --

A. St. Kitts.

Q. ---St. Kitts?

A. Myself, Charlie, Waldemar, Ben, Katie  
5 Anderson, Cheryl Thibedeau and France Gareau.

Q. Of the athletes, there is Katie  
Anderson, Cheryl Thibedeau, France Gareau?

A. Myself, Ben, Waldemar and Charlie.

Q. So Ben was the only one of the males  
10 who was down there?

A That's correct, because Tony Sharpe had  
a problem with his achilles tendon.

Q. And during this period, presumably Dr.  
Astaphan was in St. Kitts, was he?

15 A. That's correct.

Q. And was he as planned, from your  
evidence earlier, providing physician services to the  
group who were down there?

A That's correct.

20 Q. During this period your diary, of  
course, indicates that you were receiving injections of  
Estragol. Who was giving you the Estragol when you were  
in St. Kitts?

A. Jamie was.

25 Q. And where did you receive the shots of



Estragol?

A. In his office.

Q. Did you ever see ---

A. Sometimes he did it in the room at the  
5 hotel.

Q. And did you ever see anybody else going  
to his office for shots?

A. Yes, I did, but I didn't see them  
getting the shots.

10 Q. And what other people did you see going  
to his office?

A. All of us went at one time or another.

Q. All those athletes that you've just  
named?

15 A. Yes. But I should point out, however,  
that at that point Katie Anderson and France Gareau were  
not on anabolics.

Q. Right. Then, Ms. Issajenko, during  
1987 and the spring training period, your diary would  
20 indicate again that there was some Dianabol and some  
injections of Estragol.

Would that be a fair description of what  
your diary shows during the spring training period in  
1987?

25 A. That's correct.





Q. All right. There is a reference on May the 3rd, 1987 that I want to refer you to. Sorry, I'll just pick up those for you. The May 3rd reference, Mr. Commissioner is the last entry in April because it's on an April page of the diary.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

Q. Do you want to take a moment and reorganize your notes?

A. I don't need them.

Q. All right. At the entry on Sunday, May the 3rd, there is a lot of writing in there but in the middle of the diary on May the 3rd, there is a note, Charlie says. Can you just read that for me, please?

A. "Charlie says I am much bigger. I sure learned my lesson. I will only do quarter cc in the future."

Q. Again, that refers to the quarter cc of Estragol?

A. Yes.

Q. And indeed ---

A. You see, when I began taking this Estragol, I thought that because it was water based that it would have less water retention qualities to it and, in



fact, I was wrong because I found on Estragol, I was gaining a lot of weight or putting on a lot of extra muscles.

5 Q. All right. Now, in the spring and summer of 1987, indeed the fall of 1987, you are obviously training, competing? You're back in Toronto during the training periods. You're not in St. Kitts. Dr. Astaphan is in St. Kitts. What are you using then as a source of supply for the Estragol?

10 A. In the spring you're talking of '87?

Q. Yes?

A. By this time, he had obtained for Charlie the 18 bottles. I think it was 18 bottles of Estragol and I think 25 bottles of inosine.

15 Q. All right. And the -- the 18 bottles that you refer to are 18 bottles of Estragol?

A. I think it was 18 -- yes, it was Estragol.

Q. All right. Could I see ---

20 A. Was it 18?

Q. Could I see 117 -- is it 117 or 117-A.

THE COMMISSIONER: 117-A.

MR. ARMSTRONG: I apologize. I should have asked for this to be taken out earlier.

25



MR. ARMSTRONG:

Q. I'm just going to show you, Ms. Issajenko, I have a habit of, when I take this out, of shaking it up but there is a bottle of a milky white substance. You can ignore the label because that's something that the Commission staff have put on that.

First of all, do you recognize the bottle?

A. That's the same type of bottle, yes.

Q. Same type of bottle that the Estragol ---

THE COMMISSIONER: If you let it stand for a while it settles down so that the white substance goes to the bottom and it looks very clear on top.

MR. ARMSTRONG:

Q. And that's what you described earlier as to how the Estragol looked when it was just sitting on the shelf as it were?

A. Yes.

Q. All right. And so when it was mixed up, however or shaken, is that what the Estragol looked like in the bottle?

A. That's correct.

Q. And the 18 bottles that you referred to ---



A. See, I'm not sure; 18 or 16, I'm not positive.

Q. All right. Well, we won't hold you to either 18 or 16. I don't think by the end of the day anything is going to turn on that. But, was it 16 or 18 bottles like that that Charlie got from Dr. Astaphan?

A. That's correct.

Q. All right. I may want to refer to this later, if I may, so if we could just leave it out on the Registrar's desk?

And we have heard that, from Mr. Francis, that initially something happens later to them. But initially, these bottles were kept at his apartment?

A. That's correct.

Q. Now, during the period in 1987, when you would be receiving injections in Toronto, where were you receiving your injections?

A. At home.

Q. At home. So did you have your own bottle then of Estragol in your house at home?

A. Yes, I asked Charlie for a bottle of each, one of Estragol, one of inosine.

Q. One of Estragol and one of inosine?

A. Yes.

Q. All right. And presumably, as usual,





you would -- your husband would provide the injections for you when you required them?

A. That's correct.

Q. Mr. Francis, when he testified,  
5 referred to a mixture of, in fact, inosine and vitamin B-12. But, did you simply regard whatever that mixture was as simply inosine -- or inosine?

A. That's what Jamie said, yes.

Q. I just draw your attention to some  
10 evidence that you may not have seen from Mr. Francis. But, he said there were two -- in fact, two drugs or two liquids that were mixed together. Something called inosine, something called vitamin B-12 that were mixed together.

15 THE COMMISSIONER: Mixed together by Dr. Astaphan, I think you said.

MR. ARMSTRONG:

Q. That may be so, I'm sorry. All right.  
20 So, in any event, you got one substance from ---

A. I don't -- Jamie was not mixing it. I believe that he had someone who made this concoction of B-12.

25 THE COMMISSIONER: I don't mean he did it himself, but it came to Mr. Francis in a combination form,



I think you told us?

MR. ARMSTRONG:

5 Q. In any event, whatever you had at home,  
you had a bottle of what Dr. Astaphan had told you was  
Estragol and you had a bottle of what Dr. Astaphan was  
told you was inosine?

A. That's correct.

10 Q. And over the course of time you would  
take injections of those administered by your husband?

A. That's correct.

15 Q. Fine. All right. Then, Ms. Issajenko,  
going into the fall period in 1987, there are some diary  
references as to what substances you were taking and  
again, without going into particular references to them,  
if would appear that in the fall training period leading  
up to the 1988 season, you were again taking some  
Dianabol, is that so?

A. That's correct.

20 Q. And would the Dianabol -- the Dianabol  
again would be in tablet form?

A. That's correct.

25 Q. Would that have been the same tablets  
you received from Charlie or would this be a different  
batch?



A. That's the same one I received from Charlie.

Q. All right. Then -- sorry?

THE COMMISSIONER: It wasn't me.

5 MR. ARMSTRONG: I'm sorry. I know what happens. I keep hitting my mike with the papers here and thinking I'm hearing something.

MR. ARMSTRONG:

10 Q. Then during the 1988 -- or sorry, 1987 training period leading up to the 1987/88 season, you began appear to follow the practice of, apart from the Dianabol, of taking some injections of the Estragol and the inosine?

15 A. That's correct.

Q. And that would appear, from your diary, to be a practice, so far as the Estragol and inosine are concerned, to have been followed during the appropriate training periods in 1988?

20 A. That's correct.

Q. And do you now remember whether during 1988, prior to the summer period of 1988, if you took any Dianabol tablets? We don't appear to have any note of those in your diary?

25 A. The only period that I took the orals



was in the fall in preparation for the indoor season.

Q. All right. Then there is a note in your diary, moving ahead to 1988 to June of 1988.

And Mr. Commissioner, this is June the 18th.  
5 It's the second page in under June 1988.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

Q. All right. You have a note on June the  
10 18th, 1988 about random doping control. Can you read that note, please?

A. "Random doping control begins June 30th at home." We are in Formia, at that time.

Q. In Italy?

15 A. Yes.

Q. And where did you get that information?

A. At the moment, I cannot remember.

Q. And was there any concern expressed at that time either by you or Charlie Francis or anybody else  
20 about the fact that random doping control was going to begin at home on June the 30th?

A. Yes, there was.

Q. Why was that?

A. Well, obviously because after the  
25 period of competing in Europe and at the end of June we'd





go home and start the preparation for the next series.

THE COMMISSIONER: Where was this discussion -- where was it and when?

THE WITNESS: In Formia.

THE COMMISSIONER: Pardon?

MR. ARMSTRONG: In Formia.

THE COMMISSIONER: Yes. With whom?

MR. ARMSTRONG: I wasn't really directing our attention to a particular discussion. We'll get into that in a moment.

MR. ARMSTRONG:

Q. What I was asking was, was there any concern on her part or anybody else's as to the fact that doping control was beginning on June 30th and I take it, for the moment, perhaps you're telling us about a concern that you would have had, are you?

A. No....

Q. Was it shared by others?

A. It was shared by others.

Q. When you say by others, who would the others be?

A. The people in the group that had been taking anabolics.

Q. Yes. All right. And who were they at



that time?

A. Myself, Tracy Smith, Molly Killingbeck, Desai Williams and Mark McKoy.

THE COMMISSIONER: I didn't get those. This  
5 is in Italy now?

THE WITNESS: This is in Formia.

MR. ARMSTRONG: June of 1988.

THE COMMISSIONER: I didn't get the names of those who expressed concerned.

10 THE WITNESS: It was myself, Molly Killingbeck, Tracy Smith, Mark McKoy and Desai Williams.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

15 Q. And were there discussions among the group of you at that time in Formia about the fact that doping control was scheduled to begin on June 30th at home?

20 A. Yes, there was and I remember especially myself asking Charlie to phone Jean-Guy to find out when in effect it would start or if there was a way around it. And I didn't know that Charlie put in a call from Formia to Jean-Guy.

Q. And Jean-Guy is Jean-Guy Ouellette?

25 A. That's correct.



Q. Did he report to you, Charlie Francis, as to the result of the telephone call to Jean-Guy Ouellette?

5 A. Charlie said to me there was a way around it, yes. And later I learned it was the form that came from the CFTA. It talked about the idea of the random doping control and there was two lines at the bottom. One said I had consulted my lawyer, the other said I had not consulted my lawyer. I hadn't seen this  
10 and I saw this when I went home. By the time I got home, it came in the mail.

Q. All right. Just hang on for a moment. We've been putting you at a disadvantage by asking you to remember what the form said. I'll just put the form in  
15 front of you -- sorry. Just need your indulgence.

All right then. I'm showing to you CTFA Athlete Agreement 1988/89, between the Canadian Track and Field Association and Angella Issajenko.

THE COMMISSIONER: What date, please, is  
20 that. Is there a date on it?

MR. ARMSTRONG: No, the dates aren't filled in. There is a date at the bottom right-hand corner that says "Received November 24, 1988," but the agreement date is just left in blank. But then -- there may be a  
25 signature date on it. Just give me a moment, please.



THE COMMISSIONER: But we're back in June 18th, aren't we?

THE WITNESS: November. The 9th of November I signed it.

5 MR. ARMSTRONG: It appears she signed it on November the 9th.

THE COMMISSIONER: This is much later because you're talking about June.

10 MR. ARMSTRONG: I know, but what Ms. Issajenko has said is that she was told that there was a way around this which much later she heard about. So, I thought this was a convenient place just to put this in now, recognizing that I'm leap-frogging four or five months ahead.

15 THE COMMISSIONER: No, I understand.

MR. ARMSTRONG:

20 Q. Ms. Issajenko, then I wanted, in this agreement, to point out to you Appendix G which refers to the national team doping control contract and there is reference in this document to the doping control obligations, I believe, and then it says, "I have received the advice of independent legal counsel," and then a place to check that off and then a place to say, "I have not  
25 received the advice of independent legal counsel."





And on your contract, you have simply ticked off, I have not received the advice of independent legal counsel?

A. That's correct.

5 Q. And did you later, in November at the time that you signed this contract and sent it in, come to the conclusion that perhaps that might be a way that you could avoid the imposition of random doping control, if necessary?

10 A. No, not in November. By the time I came home in June, when there was a form, this form, not the whole agreement, but this form came in the mail from the CTFA to be signed, to be returned to them.

15 And I had a discussion with Charlie and he said to me that was the way around it. He said don't send it back. Just, if they call and ask you, just say your lawyer is in Brazil for three weeks. And I did not sign it and I did not send it back. Obviously, I didn't send it back.

20 Q. But, it -- the whole agreement eventually was sent back and received by the CTFA on November the 24th?

A. That's correct.

25 Q. And Appendix G reads, "I hereby agree to be bound by all the rules applicable to a national team



as determined by Sport Canada," et cetera, "And agree to participate in the Canadian Track and Field Association drug testing program as it is in effect from time-to-time"?

5 A. That's correct.

Q. And we've already heard some evidence that it was perhaps by about early November that indeed a random doping control program was implemented by the Canadian Track and Field Association. Do you know that to  
10 be so?

A. I don't know. I have not been called to be tested. I don't know anyone in my group who was.

THE COMMISSIONER: Has it actually been implemented? I was not sure if it was or not.

15 MR. ARMSTRONG: I think the evidence is that post-Seoul ---

THE COMMISSIONER: This is November '88?

MR. ARMSTRONG: ---the CTFA program was in effect and indeed we'll probably, before we finish the  
20 Inquiry, hear some evidence that indeeds it's been started.

THE COMMISSIONER: You're talking about November of '88?

MR. ARMSTRONG: Yes. I'm sorry, I realize I  
25 have been plodding along day-by-day chronologically and,



all of a sudden, I have skipped a few months but it seemed appropriate to refer to this at this time. I don't really see any necessity to go to the trouble of putting this in as an exhibit. That's all that I intended to refer to.

5 But if you or anybody else thinks it's necessary to have as an exhibit.

THE COMMISSIONER: We might as well have it now, Mr. Armstrong, to be referred to.

THE REGISTRAR: 125.

10 THE COMMISSIONER: Thank you.

---EXHIBIT NO. 125: Agreement

15 THE COMMISSIONER: Those can be passed out later.

MR. ARMSTRONG: Thank you.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG: I'm sorry, Mr. Commissioner.

125 that was?

20 THE REGISTRAR: 125, yes.

THE COMMISSIONER: Yes.

MR. ARMSTRONG: All right. Then, Ms. Issajenko, I'm going to move to another subject.

THE COMMISSIONER: All right.

25



MR. ARMSTRONG:

Q. Ms. Issajenko, we heard in some detail from Mr. Francis, about the meets that were attended in Europe in May and June of 1988, starting in Malaga, in Spain.

I take it from his evidence that you were part of the team that went to Malaga and attended all of the meets in May and June?

A. That's correct.

Q. And then you would have come home from Europe in late June?

A. I think the 30th.

Q. The 30th of June?

A. Yes.

Q. All right. And then it would appear from your diary that as of July the 1st, 1988, you were then involved again in a short cycle of Estragol?

A. That's correct.

Q. Is that so?

A. That's correct.

Q. Now, at that time, was Dr. Astaphan back on the scene or were you doing this on your own?

A. We were doing it on our own.

Q. All right. Then, we've heard some evidence about the nationals. You attended the nationals





in Ottawa?

A. Yes, I did.

Q. All right. We've heard some evidence  
that an individual from California by the name of Jack  
5 Scott showed up at the nationals and apparently introduced  
himself to Charlie Francis.

Did you see this individual called Jack  
Scott at the nationals in Ottawa?

A. Yes, I did. He was there with his son.

10 Q. Now, had you ever met Jack Scott before  
the nationals in Ottawa?

A. Never.

Q. And did you know that he had been  
involved in St. Kitts in about the month of June treating  
15 Ben Johnson?

A. No.

Q. Did you have any information or were  
you told at that time in Ottawa that this individual  
called Jack Scott had any connection with the American  
20 runner, Carl Lewis?

A. No.

Q. Then, Ms. Issajenko, did you go from  
the nationals in Ottawa on August 5th and 6th, with the  
group to Sestriere?

25 A. Yes, I did.



Q. In Italy?

A. Yes.

Q. You ran in the meet in Sestriere?

A. Yes, I did.

5 Q. And was -- I assume you were on the same plane as Ben Johnson and Charlie Francis and so on?

A. Yes, I was.

Q. And we've heard that Jack Scott was on that plane as well?

10 A. That's correct.

Q. And did you discover, when you went to Sestriere, as did Charlie Francis, that apparently this individual, Jack Scott, at least had some prior association with the American runner, Carl Lewis?

15 A. That's correct.

Q. Was that a surprise to you?

A. It was. It was a surprise to everybody because it didn't make sense that Carl Lewis would instruct his physiotherapist to treat the man who stands between him and his gold medal, the man who would take greatestness away from him. It did not make sense to me. I certainly would not do that.

20 Q. Then you moved along from Sestriere to Cesanitico. Did you run in the relay in Cesanitico?

25 A. No, I didn't because I had had a



hamstring problem in Sestriere.

Q. So you rested in Cesanitico but went along to Zurich?

A. That's correct.

5 Q. And I think the evidence is, forgive me if I have it wrong, that you still had a problem with your hamstring in Zurich?

A. That's correct.

10 Q. All right. And indeed, although you were entered, you weren't able to finish the race or did you even run in Zurich?

A. I did run.

Q. You ran, but ---

A. Very poorly.

15 Q. Either reinjured or had serious problems in relation to your hamstring?

A. That's correct.

20 Q. All right. Then, you -- then on the evidence that we got from Charlie Francis, you did not go along to the next meet which was scheduled to be in Cologne?

A. No, I didn't.

Q. Indeed, you came direct -- you went directly home from Zurich, I take it?

25 A. To Toronto.



Q. To Toronto?

A. That's correct.

Q. And do you remember now when it was  
that you came home to Toronto?

5

10

15

20

25





A. Zurich was--

Q. I think it was either August 23rd or  
August 24th. In your diary on August 24th, you have a  
reference, "Meeting with Jamie Astaphan." So you either  
5 arrived home that day or the day before?

A. No, I came home before that because I  
have another note on the 22nd that said "All those guys  
are home." So I must have been home around the 20th, 18th  
to 20th.

10 Q. Again, I don't think anything turns on  
it. Can I just take you to your diary then for August the  
23rd, and you have a reference there --

MR. ARMSTRONG: We'll wait for a moment.

THE COMMISSIONER: I don't have an August --

15 MR. ARMSTRONG: August '88.

THE COMMISSIONER: -- separator. Is it in  
the July file?

MR. ARMSTRONG: I'm sorry. I can get it for  
you.

20 A. It's in the July file.

MR. COMMISSIONER: It's in the July file.

Thank you.

MR. ARMSTRONG: Oh, is it?

THE COMMISSIONER: All right. I have it  
25 now. What date? The 28th?



A. 23rd.

THE COMMISSIONER: 23rd. Thanks.

MR. ARMSTRONG: All right. Now, Mr.

5 Commissioner, I'm just going to direct the witness's  
attention to an entry where it says "Meeting burned,"  
which I guess, obviously, is a meeting you never made, but  
there's an entry that's partly overwritten the entry  
"Meeting burned" and slightly above that. Do you see  
10 that, sir?

THE COMMISSIONER: The 23rd?

MR. ARMSTRONG: Yes.

THE COMMISSIONER: Go ahead.

15 MR. ARMSTRONG:

Q. And what is that reference, Ms.  
Issajenko?

A. Above "Meeting burned" it says,  
"Quarter-cc, very strong inosine."

20 Q. All right. And the quarter-cc refers to  
what?

A. Inosine. It says "very strong inosine."

Q. Oh, I see.

A. Below that it says a quarter with a  
25 number one encircled.



Q. I apologize. I was misreading that. So when you were home in Toronto then that day, presumably, you would have taken an injection of very strong inosine?

A. That's correct.

5 Q. And, again, presumably, that would have been administered by your husband?

A. That's correct.

10 Q. Then there's a meeting on August the 24th with Jamie Astaphan. What do you recall of that meeting?

A. It did not take place because he had to get us, he had to get the Protropin, and so he did not come the 24th. I think he had gone somewhere to get it.

15 Q. All right. Now, what is Protropin?

A. This is now the genetic growth hormone.

Q. Synthetic growth hormone?

A. Synthetic, yes.

Q. And how did it arise that you were now considering taking growth hormone?

20 A. I did not have a cycle planned at this stage. I thought I would, the last cycle I had was before the preparation in July, for the preparation for the August meet, and that would be it until the Olympic Games. The reason why I decided to go back on anabolics was  
25 because of the problem with my hamstring. And I had this



crazy idea that somehow growth hormone would help. So in Europe I asked Jamie if he could get growth hormone for me.

5 Q. Yes. And when you were in Europe, where in Europe did you ask Jamie that?

A. This was in Zurich.

Q. Yes. And what did he say?

10 A. He said he knew someone who had three bottles for him, who had three bottles, and he gave me a number to call to find out if indeed this person had it.

Q. Yes?

A. And they had nothing, you know, so I waited until he came home.

Q. All right. And --

15 THE COMMISSIONER: Now, was Dr. Astaphan in Toronto, in his office, on the 24th of August?

A. Yes, he is -- I don't know. He went to get the Protropin somewhere.

20 THE COMMISSIONER: I'm sorry, you were supposed to meet him in Toronto --

A. I was supposed to meet him on the 24th.

THE COMMISSIONER: And the meeting didn't take place. Thank you.

25 Was it planned that he would come back here and work with the team?





A. He came home with Ben, Desai, Charlie and Mark on the 22nd of August from Cologne.

THE COMMISSIONER: Thank you.

5

MR. ARMSTRONG:

Q. And presumably that's the reference to "All those guys are home"?

A. That's it, yes.

10

Q. I see. And taking you back to this Protropin, just to summarize where we were at, you had this discussion with him in Europe that you wanted some Protropin. You said you had this crazy idea that it would help your hamstring. You asked him if he could get some for you. He indicated that he would. Let me ask you this then. Did he indicate to you that he thought it was a good idea for you to take the growth hormone?

15

A. We had no discussion like that, no.

20

Q. All right. And then when you came home, he's home on the 22nd. You must have then made an arrangement, either on the 22nd or 23rd, to see him on the 24th, but that was cancelled because of the fact that he was not around because he was off getting the growth hormone, wherever he was getting it?

25

A. That's what I understood, yes.

Q. Did you then have occasion to see him



the following day or some day after that to get some growth hormone from him?

A. I saw him the 25th of August.

Q. And where did you see him?

5 A. He was at the track at York University.

Q. Yes?

A. Yes.

Q. And at that time did he have some growth hormone with him?

10 A. Yes, he did. He had -- he had the growth hormone and he had the program that I should follow.

Q. Yes. And the program that you should follow, was that something that was on a sheet of paper?

15 A. That's correct.

Q. I have here in my hand, Ms. Issajenko, a piece of paper that is in a plastic binder and it has at one point been torn in half and it's kind of scrunched up, I would call it, but it's been straightened out and is  
20 readable. In the top, left-hand corner, it has the name Angie, and then it has the month August and dates running from the 23rd of August to the 31st of August and dates running from September 1st to September 7th and then some information about diet and other things.

25 Is that the sheet of paper that Dr. Astaphan



gave you on August 25th at York University?

A. That's correct.

MR. ARMSTRONG: All right. I'm going to have some questions of Ms. Issajenko, but just, perhaps, sir, I will give you a copy and counsel a copy and ask that it be marked as an exhibit?

THE COMMISSIONER: 126. Whose writing is this, Ms. Issanjenko?

A. It's in Dr. Astaphan's handwriting.

THE COMMISSIONER: Dr. Astaphan's writing, thank you.

--- Exhibit 126, instructions from Dr. Astaphan to Angela Issajenko ---

MR. ARMSTRONG: I think I'll work from the original, or, maybe, Ms. Issajenko, you might feel more comfortable working from the original and the rest of us can work from the photocopies.

Perhaps I'll just wait for a moment until the document is circulated.

MR. ARMSTRONG:

Q. Looking, first of all, at the top of the sheet, Ms. Issajenko, there's the capital letter printed



I. So what did that refer?

A. Inosine.

Q. The drug inosine that you referred to?

A. Yes, the Vitamin B complex, yes.

5 Q. And then in the middle of the page,  
there's a capital E printed. To what does that refer?

A. Estragol.

Q. That's the drug that you had started  
in --

10 A. 1985.

Q. Back in late -- well, early '86?

A. Correct.

Q. And then there's a capital G. To what  
does that refer?

15 A. Growth hormone. That's a short for  
growth hormone.

Q. And then in parenthesis beside growth  
hormone, it says "Keep refridgerated -- "

A. Not frozen.

20 Q. "-- not frozen." All right. Then it  
would appear that these then are references to particular  
dosages that you should take?

A. And days that I take them.

Q. Of inosine, Estragol and growth hormone?

25 A. That's correct.





Q. All right. And, for example, could you just take us down each one of the columns so that we have it on the record? It won't take too long, I don't think.

THE COMMISSIONER: Take the Estragol.

5

MR. ARMSTRONG:

Q. Take the Estragol. We can all read, I guess, the rest.

A. Okay. On August 23rd, I had a  
10 quarter-cc of Estragol. I had done that on my own. I told him about it, and he added it in. The next one was supposed to be on the 25th, the next one the 27th. He had half a cc on the 29th. I only took a quarter because I thought half was too much for me. He had another half on  
15 the 1st of September, which I took a quarter. And for the 2nd of September, he had a quarter.

THE COMMISSIONER: So we heard from Mr. Francis, that was supposed to be the last day, September 2nd, and the Seoul--

20

A. I must note that I did not --

THE COMMISSIONER: For Estragol.

A. I stopped September 1. I did not go to September 2nd.

25

THE COMMISSIONER: You didn't take it  
September 2nd?



A. No.

MR. ARMSTRONG:

Q. All right. Then there are references

5 or --

THE COMMISSIONER: That left you, Seoul, the Olympic finals was the 24th of September, right, so you had 23 days between September 1st and September 24th?

A. The 24th, I had 25 days, I think.

10 MR. ARMSTRONG: She was running at a different time than Ben Johnson, I think.

A. I think I ran Sunday. I finished Sunday.

15 MR. ARMSTRONG:

Q. Ben Johnson ran on the Friday and the Saturday. When did you run?

A. Saturday, Sunday, I think.

20 THE COMMISSIONER: The final was on the 24th, I think.

MR. ARMSTRONG: Yes.

A. So Saturday, Sunday, the 20th, so it was 24 days.

THE COMMISSIONER: And the growth hormone--

25 A. But he intened, I think -- he wanted --



THE COMMISSIONER: Did everybody else get one of these sheets, as far as you're aware? Or was this just for you?

5 A. This was for me. When I received this, Mark and Desai -- Desai was not there. Mark was getting one of these for himself and Desai Williams.

THE COMMISSIONER: All right.

A. But not necessarily the same.

10 THE COMMISSIONER: No, no, I understand that, but this was -- I think this is what Mr. Francis called a protocol of some sort. It was a pretty important word for it.

MR. ARMSTRONG: All right. I'm going to come back to what other people may have gotten.

15 THE COMMISSIONER: Whether the growth hormone was the 25th--

A. No, the 26th, 1.5-cc. The 28th, the 30th, the 31st, the 3rd, the 4th, and I think the 7th.

20 MR. ARMSTRONG: It's a little hard to see on that--

A. There's a one there on the 7th.

MR. ARMSTRONG: I see, right.

MR. ARMSTRONG:

25 Q. All right. And then similarly there's



an indication of when you were to take a quarter-cc of inosine?

A. That's correct.

Q. Now, were there any particular instructions as -- let me put it this way. It seems that you are taking the growth hormone alone?

A. No, I wasn't -- yes, I was.

Q. You never take it at the same time --

A. Because Jamie specified not to mix the growth hormone with the anabolic agent. It was okay with the inosine but not the Estragol.

Q. And, indeed, on all other occasions in respect to the Estragol and inosine, except the one shot on the 23rd, you're taking the inosine and the Estragol together?

A. That's correct.

Q. All right.

THE COMMISSIONER: Where was the Estragol at this stage? Do you know? Where was the -- who had the Estragol?

A. I had all of the bottles at this stage, of the remaining bottles.

THE COMMISSIONER: We haven't covered that. Mr. Francis told us at one stage he brought all the vials, 18 vials that you said, over to your apartment?





MR. ARMSTRONG: That's right. We're going to come back to that and deal with that in an entirely separate topic.

THE COMMISSIONER: Thank you. I was just  
5 trying to refresh my memory.

MR. ARMSTRONG: Yes. Right.

MR. ARMSTRONG:

Q. Ms. Issajenko, I just want to draw your  
10 attention to one thing. On your diary on August the 23rd, you told me that you took a quarter-cc of very strong inosine and it looks like Dr. Astaphan probably recorded it wrongly because he shows the quarter-cc on August 23rd to be Estragol.

15 A. I only told him about the Estragol. There was a quarter-cc of Estragol.

Q. Oh, there was a quarter-cc of Estragol as well?

A. On the 23rd, look below "meeting  
20 burned." There's a quarter-cc and and a number 1 encircled.

Q. I'm sorry. All right. Then, apart from this cycle of drugs that is listed in the top half of the page, there seems to be some information at the bottom,  
25 and without reading it all, can you tell us what this was



supposed to be?

A. Well, Jamie was well aware of the fact that I'm hypoglycemic, and there was a possibility that I would develop hypoglycemia again from taking growth  
5 hormones. So he made up a very high protein diet for me. And he thought, he wanted me to eat steak tartare every day for dinner.

Q. All right. Now --

THE COMMISSIONER: Do you like it? Do you  
10 like steak tartare?

A. I started going to a restaurant where they sort of marinated it and it turned brown and it looked like it was cooked, you know, and that was okay.

15 MR. ARMSTRONG:

Q. All right. So in any event, what remains then on the bottom half of the page is --

THE COMMISSIONER: It's a diet.

20 MR. ARMSTRONG:

Q. -- a particular diet that he recommended  
to --

A. Just to make sure that I did not get into the problems with inadequate protein intake.

25 Q. Now, when he handed you this sheet of



paper with the diet on it and the drug cycle on it for the inosine, Estragol and growth hormone, was Mark McKoy there at the same time?

5 A. Mark McKoy and Charlie Francis, yes, and Dr. Astaphan, myself.

Q. And your recollection is that McKoy got a sheet also with instructions on it, although, of course, not identical to yours?

A. That's correct.

10 Q. Now, what about the growth hormone? Did you pay Dr. Astaphan any money for the growth hormone?

15 A. Yes. The transaction -- we did it in Charlie's car. Charlie was sitting in his car. He gave me a bottle of 10 cc's of Protropin, unlabeled except for the fact that he wrote his own instruction on it and taped it on. And I gave him \$1,000 at that time because that's -- he had paid out of his own pocket for it, so I, obviously, had to reimburse him.

Q. And did you pay cash?

20 A. Yes, I did.

Q. Do you know where Dr. Astaphan got the Protropin?

A. All he said was he went to the border to pick it up. That was it.

25 THE COMMISSIONER: He went to where?



A. To the border.

THE COMMISSIONER: All right.

A. I don't know what border.

5

MR. ARMSTRONG:

Q. And what did the -- what kind of container did the Protropin come in and what did it look like?

10

A. It was in a clear glass bottle, a clear solution because --

Q. All right. Now, what about, while we're in this area, what about Mark McKoy? Did he receive any growth hormone from Dr. Astaphan?

15

A. He was given a bottle, the same bottle that the inosine comes in, a brown bottle. Jamie said the contents of that was 10 cc's of Protropin and 20 cc's of inosine.

Q. They were mixed together then in the bottle?

20

A. They were mixed together in the bottle, he said, yes.

Q. And did McKoy, to your knowledge, there pay Dr. Astaphan anything for the drugs that he got?

A. No. They still owe him \$500 a piece.

25

Q. And was it your understanding then that





whatever was in that bottle, the Protoprin and the inosine --

THE COMMISSIONER: I'm sorry, you said McKoy and somebody else owes him--

5 A. And Desai Williams. They have not paid him. They have not paid him up until now.

MR. ARMSTRONG:

10 Q. And so your understanding was that the substance was for both McKoy and Williams to use?

A. That's what Jamie said to Mark at the time, yes.

15 Q. All right. Then, I want to refer you to some other entries in your diary. Turning over the page, Mr. Commissioner, if I may, on August the 25th, you have a reference in the top left-hand corner to one-half MOD?

A. Yes, Moduret.

Q. And what is Moduret?

A. It's a mild diuretic.

20 Q. Now, that's the first time we've heard of your using a diuretic, and was that the first time that, indeed, you were involved in taking a diuretic?

A. That's correct.

25 Q. Perhaps I should have asked you the question first. Did you in fact take a diuretic on August



the 25th?

A. That's correct. Jamie gave me the prescription.

Q. And is that in tablet form or in  
5 injectable form?

A. It's in tablet form.

Q. He gave you a prescription for Moduret?

A. That's correct.

Q. And you filled that prescription, did  
10 you?

A. That's correct.

Q. In a local pharmacy?

A. Yes, in the High Park area.

THE COMMISSIONER: What about the others?  
15 Did they get the same -- you're on your way pretty well  
now to -- you're pretty close to going to Tokyo?

A. That's correct.

THE COMMISSIONER: Do you know if any of the  
others got a diuretic?

A. Yes, they were given prescriptions for  
20 it. I have no idea whether they filled it or not.

MR. ARMSTRONG:

Q. All right. And then down at the bottom  
25 of the diary entry on August the 25th, you have a note,



"Got program from Dr. Astaphan." I take it --

THE COMMISSIONER: That's what we already covered.

A. Covered, yes.

5 MR. ARMSTRONG: And the program is contained in this Exhibit 125. 126, sorry.

MR. ARMSTRONG:

10 Q. Then, just looking at the same page of your diary on August the 26th, you've got "One-half Pro," presumably --

15 A. Protropin. That was my first injection of Protropin. Also, I must point out, on that day, Jamie wanted all of us, and all of us included myself, Ben, Mark and Desai and Molly, to go to 215 Victoria Street to have blood work done.

Q. And what day did he suggest you do that?

A. Well, I did it on the 26th. He told us --

20 Q. No, no, he told you the 25th --

A. The 25th. Yes, the 25th. He had arranged it so we would go and get the blood work done there.

25 Q. And did he tell you to do that at the same time that you met with him at York University in the



parking lot and got the program and the growth hormone?

A. That's correct.

Q. And who was present at that time when he told you he wanted you to go to the, go and get the blood work done?

A. Just myself. He spoke to me. There was nobody else present.

Q. But it was your understanding from what he said that he wanted the others --

A. That's what he said. He wanted all of us to go, and he had arranged it that way so that we would all show up at the same time.

THE COMMISSIONER: And where were you to go?

A. 215 Victoria street. It was a lab -- well, not a lab but -- I think it's a lab.

THE COMMISSIONER: Was it a lab, did you say? It was a lab?

Did you go?

A. Yes, I did. As a matter of fact, also, Mark went for sure because -- we'll come to that later, why I know he went.

MR. ARMSTRONG:

Q. All right. Then I wanted to take you to a note in your diary on September the 2nd. And --





A. Before you go, I had my blood results back on Tuesday, the 30th, and the reason I know Mark went was because the reading was that our CPK was very high. It was 1,400 and the normal is around 400, and Jamie  
5 thought later the reason is because we were both injured in Europe, why the CPK showed up so far.

Q. I'm not following you entirely when you say, "We were injured in Europe." Was Mark --

A. Yes, Mark, had hurt his hamstring in  
10 Cologne. There were no hurdles for him to run, so he tried to run the 100 metres and got hurt.

Q. Was his CPK --

A. His CPK was around the same as mine,  
yes.

15 Q. So the two of you had a discussion about that, obviously?

A. Yes, we heard later.

Q. Then I was taking you along to September the 2nd. And in your diary for September the 2nd, there's  
20 a reference, one Moduret for five days, is it?

A. That's correct. On the 25th, I was supposed to take half a Moduret for five days, and then on the 2nd one Moduret for five days.

Q. All right. And then, if I could take  
25 you to -- I guess that was it. I thought there might be



one other reference in your diary that I wanted to refer  
you to, but I don't believe I do. I want to move you  
forward now to the Olympic Games in Seoul --

THE COMMISSIONER: Would that be a good time  
5 to break?

MR. ARMSTRONG: It would.

THE COMMISSIONER: Thank you. 2:15.

--- Luncheon adjournment ---

10

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25



THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Yes, thank you, Mr. Commissioner. If I could just have one moment to rearrange my documents.

5

MR. ARMSTRONG:

Q. Before lunch, Ms. Issajenko, you mentioned that when you came back from Zurich early that Dr. Astaphan had suggested that you phone a guy in Toronto about whether or not he had been able to locate any growth hormone?

10

A. That's correct.

Q. And was that guy or person a relative of Dr. Astaphan?

15

A. Yes, he was.

Q. And when you called Dr. Astaphan, or Dr. Astaphan's relative, what did he tell you as to whether or not he had been able to locate any growth hormone?

20

A. Something to the effect that they had been trying for a while to get it but had not.

25

Q. All right. Now, I want to take you to where we were just before the luncheon break. We had reviewed your diary up to about September, early September and, in fact, had reviewed the Astaphan protocol, if we can call it that, the program that had been developed, up



to, I believe, September 7th. Now, the evidence is that the Mazda group went to Vancouver, I believe, on September the 6th and left for Tokyo on September the 7th. Were you part of the group that went to Vancouver, then on to Tokyo?

A. Yes, I was.

Q. And we've heard that there was a track meet in Tokyo and, indeed, the women's relay team ended up running a race against themselves or with themselves, however you describe it, and were you part of the relay team in Tokyo that ran a race by yourselves?

A. Yes, I was.

THE COMMISSIONER: Did you win?

MR. ARMSTRONG: That might be a good kind of race for you. Maybe we could arrange one of those.

MR. ARMSTRONG:

Q. All right. Then from Tokyo in about mid-September, the evidence is that you went on to Seoul to make the final preparations for the Olympic Games?

A. Yes, we did.

Q. All right. And there is one further entry in your diary, I think when you are in Seoul on September the 19th, that I wanted to read with you. Monday the 19th, "The food is terrible here." Can you





read that? I take it you're in Seoul at this point?

A. Yes, we are.

Q. Could you just read that note, please?

A. "The food is terrible here. Oh, well.

5 I seem to have picked up so much muscle mass. I feel very strong."

Q. All right. And the reference to picking  
up so much muscle mass, was that at that stage of your  
final lead-up to the Olympics a different effect than you  
10 had anticipated, either from your training or whatever  
drugs you were taking at that time?

A. Yes, it was.

Q. Or prior to that time. I realize--

A. Yes, because this is now Day 18 off any  
15 anabolic, and normally what happens when you discontinue  
taking anabolics is you lose the water retention you'd  
gain. Therefore, your weight goes down. And that's the  
whole idea. As I said before, your strength-to-weight  
ratio is much better. Your muscles are not as tight;  
20 you're lighter on your feet. So, therefore, you should be  
very fast. But something strange started happening. I  
kept gaining, picking up a lot of muscle mass, and I could  
not understand. I would get up every day and I would go  
over to weigh myself and my weight would be going up and  
25 up and up.



Q. And, indeed, when you mentioned how many days you were off anabolics, you've got a number written in above September 19th on your diary. Is that 18?

A. That's 18, yes.

5 Q. And above the number 20 is 19. That would be 19 days?

A. 19 days, yes.

Q. And above 21 there's the number 20?

A. Yes.

10 Q. We turn over the next page, and there's an excerpt from your diary for the 26th. There's a number there. What is that? It must be 25?

A. 25, yes.

15 Q. And then above 27 is 26 and above 28 is 27?

A. Is 27.

Q. So that again would represent the number of days clear of taking anything of an anabolic nature?

A. That's correct.

20 Q. All right. Then in Seoul in the Olympic Games, you were entered in the 100 metres and the 4 X 100 metres.

A. That's correct.

25 Q. And, unfortunately, in the 100 metres you were eliminated in the quarterfinals?



A. That's correct.

Q. And in the 4 X 100, the team was eliminated in the semis?

A. That's correct.

5 Q. And, again, I suppose hindsight is 20/20 vision, but do you know on looking back and reflecting what -- you obviously didn't do as well as you either hoped or expected --

10 A. It's the first time in my life that I had not made a final in any meet.

Q. And did you come to any conclusions or opinions at that time as to why that was, or since?

A. I had -- there are two possible reasons, yes.

15 Q. What are they?

A. I had thought that because I had developed hypoglycemia again that that could have been the reason why I had no power in my muscles, because -- we skipped over one day that I had my blood sugar drop so low in training, partly because I wasn't following the diet that Jamie left for me. And while in Canada I was able to do that because I could go out to restaurants and eat steak tartare, but it gets a little hard when you go to Japan or even Seoul. It was so funny because in Seoul, I would go up to the counter and point at the meat and go

20

25



"Ruf, ruf" or "moo, moo" so we weren't -- it was impossible to get --

MR. ARMSTRONG: We'll have a word with him when he gets in here about that.

5                   A. -- the adequate protein. We need it. So, initially, I thought that this was probably the reason why I didn't do so well because I developed the hypoglycemia and I hadn't gotten over it.

10                   My second reason, of course, was I thought about it, and it didn't make sense. If you are off the drug eighteen, nineteen, twenty days, how is it possible to be getting the symptoms of anabolic use? That puzzled me. I was gaining too much muscle mass, very stiff, and I felt exactly the same way I felt in 1982 when we had that  
15                   brief stint with Winstrol. So then I thought, "This is too strange. Something terrible is going on."

                  Q. So that was the other possible thing, and I take it that from the note in your diary on the 19th about gaining so much muscle, that that was the sort of  
20                   thing that you had experienced not only in 1982 but presumably when you are on other anabolics, you may, when you're actually on them, have experienced that situation, had you?

                  A. Yes, that's the experience I would get  
25                   in the spring.





Q. When you were training, as opposed to when you were competing?

A. Yes, exactly. And it was terribly puzzling because I wasn't lifting.

5 Q. And, again, you didn't usually experience that kind of effect or development, I assume, during the immediate aftermath when you were on a clearance period leading up to a competition?

A. That's correct.

10 Q. Now, Ms. Issajenko, did you, along, of course, with the rest of the world, I assume, learn on early Tuesday morning Korean time, September 27th, that Ben Johnson --

15 THE COMMISSIONER: Wait a minute. Before you go there, I notice a rather interesting note on the date 19th, the day of -- I'm sorry. What day are you at now, Mr. --

20 MR. ARMSTRONG: Well, we were -- the only reference I had made was the one on the 19th, apart from the clearance days on, the clearance times on the subsequent days.

THE COMMISSIONER: What date are you at now?

MR. ARMSTRONG: I was at -- I was just moving to September the 27th.

25 THE COMMISSIONER: I thought it a rather



interesting note on September 26th. "Ben is outrageous,  
9.79; Carl 9.92."

A. Linford --

THE COMMISSIONER: -- 9.97; Calvin, Desai,  
5 10.11. But Ben is set for life. Fantastic."

MR. ARMSTRONG:

Q. Yes. And that presumably was your view  
after he had won the gold medal and broke the new world  
10 record?

A. Yes, of course.

Q. I'm going to ask you about this in a few  
minutes, but I take it that is a reflection of your warm  
regard and close association with Ben Johnson?

15 A. That's correct. We were all very close.  
It was a really -- it was a very tight-knit group.

Q. And then, indeed, in your diary for the  
27th, you have a note, "Ben tested positive for steroids."

THE COMMISSIONER: And a deleted expletive.

20 MR. ARMSTRONG: Right.

MR. ARMSTRONG:

Q. Then, Ms. Issajenko, when you first  
heard the news on early Tuesday morning, September 27th,  
25 Korean time, who was it that gave you this news?



A. Jillian Richardson ran into the room. I was sharing a room with Tracy Smith. Molly Killingbeck and Angella Phipps were upstairs, and Katie Anderson and, I forgot her name. Anyways, she burst in the door, run  
5 upstairs, "Charmaine, Charmaine, guess what? Ben has tested positive." And, see, I had heard this before. I had heard this Monday night because we couldn't find Charlie, and it was not normal for Charlie not to show up for Mark McKoy's warm-up. Charlie never did this in his  
10 life. He was always around whenever we were warming up. But they kept giving us the running around. They told us, oh, Charlie was sick; he was in the hospital. And I remember Monday evening, I was coming back from the track and I passed Waldemar and Diane Clement, who were walking  
15 really fast going somewhere, and I said, "Where is Charlie? Where is Charlie?" And they told me, "Oh, he is in the hospital. Something is wrong with him." I came back. And I saw Jillian Richardson and her coach, John Cannon. We were all going to eat. Then John left us,  
20 and Jillian said to me, "Well, I heard a rumour that Ben had a problem with his urine sample." And I said, "Jillian, how did you hear this?" And she said, "Ah, Diane told this to John." And I said, "No, no, no, it can't be. He must have drank sarsaparilla or something  
25 and it showed up on the test."



So I ran back over. I went upstairs and I saw Mark McKoy, and I said, "Mark, Jillian told me this strange story that Ben had a problem." And Mark said, "Well, I was with Ben Sunday night and I was in his room, Dr. Astaphan walked in and said, Ben, Charlie wants to talk to you. Ben said, no, no, I'll call him later, and Jamie said no."

Q. That must have been -- that must have been Monday morning, not Sunday night.

A. No, this was Sunday night because the second test was done Tuesday. No, this was Sunday -- okay, Sunday night, sorry.

Q. The second test was done Monday morning?

A. Monday morning. Okay.

Q. So it must have been early Monday morning?

A. So --

Q. Just let me stop you there. McKoy had stayed in Ben's room --

A. Ben's room the night before his last two rounds, yes. And Mark said he was with Ben. After Ben came back from speaking to Charlie, he came back in the room, picked up every medication he had ever taken he had in his room, put them in a brown paper bag, and they took him Monday morning to the track. So I believed that Mark





knew that there was a problem, you know.

Q. And Ben had told -- Mark McKoy had told you about that --

A. This is correct.

5 Q. On the --

A. This is Monday night.

Q. On Monday night?

A. Yes.

10 Q. But then again, neither Mark McKoy nor you knew for sure that indeed there had been a positive test?

A. I went to bed thinking everything was all right because Monday night in the elevator I saw Gérard Mach and Dr. Clement, and I said, "Well, how is  
15 Charlie?" Because I really believed Charlie was sick and in the hospital, and Gerard said to me, "Don't worry, everything is okay." So, of course, I went to bed thinking there was no problem. Maybe they found traces of ginseng or something in his urine and that it was cleared  
20 up. And then, of course, when Jillian burst in the room in the morning to tell us this, everybody was in a panic.

Q. I take it when she burst into the room, she simply said Ben had tested positive. She didn't say that the drug was stanozolol?

25 A. No. She just said Ben tested positive.



Molly and I jumped in our clothes and ran upstairs to Desai and Mark's room and we told this to Desai and Mark.

Q. And they were surprised, I assume?

A. Desai was very surprised. Mark really  
5 didn't say much.

Q. And at some point during that day did you find out that the drug that he had tested positive for was stanozolol?

A. Of course, and I immediately said,  
10 "There is no way. How could Ben test positive for a drug that we were never taking?"

Q. All right. Then I wanted to ask you, Ms. Issajenko, about at least some reports of some statements that have been attributed to you after Ben  
15 Johnson tested positive. And let me just summarize one of the first ones that was circulated. There was at least one or more reports about September 30th, which would have been the Friday following these events that we've discussed that attributed to you a statement or statements  
20 to the effect that Ben Johnson and perhaps others in your group may have been sabotaged by physiotherapists spiking your massaging compound with stanozolol. And that isn't a direct quote, and I don't purport to make it a direct  
quote, but did you after learning about the positive test  
25 for stanozolol make a statement somewhat like that?



A. That's correct.

Q. And why did you make a statement like that?

A. For the reasons given, because of the  
5 problems I had and because, as I said, if you don't take Winstrol, how can you test positive for Winstrol?

Q. Let me make a suggestion to you. You  
were in the position where you couldn't believe, and I  
suspect others associated with you, just simply could not  
10 believe that Ben Johnson had tested positive for the drug stanozolol?

A. That's correct.

Q. And I take it that you and others close  
to you had began to search your minds as to how it could  
15 be reasonably possible that Ben Johnson could have tested positively for stanozolol?

A. That is correct.

Q. And you began, I assume, to cast your  
mind around for all kinds of explanations?

A. That's correct.

Q. And one of the explanations that  
apparently occurred to you at the time was that maybe if  
somebody wanted to sabotage Ben Johnson by spiking him  
with stanozolol, it might be done through some kind of  
25 rubbing compound that might have the stanozolol placed in



it?

A. I thought so, yes, because I believed that DMSO can transmit anything you want into the body.

Q. And DMSO is what?

5

A. Dimethyl sulfoxide, I think.

Q. And what is it used for?

A. I think it's a cleaning solvent, but people use it a lot for injuries.

10 Q. And it, indeed, is a solvent or rubbing compound that does apparently open the pores of the skin?

A. Right, and if you just put it on your fingers, you taste it in your mouth immediately.

15 Q. All right. And just to make it clear in fairness to others who may have been affected by the kind of statement that you made, you had no evidence of that at that time? That was what your own speculation led you to say or to conclude? Is that reasonable?

A. Not on my own, no. It was not a speculation on my own. I had had a call from my husband.

20

Q. Yes?

A. Who had spoken to Charlie.

Q. Yes. By this time Charlie Francis was back in Toronto?

A. Was back in Canada.

25

Q. Yes?





A. And they were going through the possibilities of what could have happened, and that was one of the possibilities. And, you know, when I heard that, it made absolute sense to me.

5 Q. All right.

A. Because there is no way it could have and should have happened because we were all so careful.

Q. Then, Ms. Issajenko, about a week later, about October the 8th or thereabouts, and again I don't  
10 purport to quote you or any particular source with accuracy, but there were -- I hope with accuracy, but not with a word-for-word accurate quote, but there were reports about October the 8th to the effect that you knew that Ben Johnson had been receiving steroids from Dr.  
15 Astaphan from about 1984 to about 1986 and, further, that Ben Johnson had been going to Dr. Astaphan after 1986. There were similarly reports that you yourself had admitted to being involved in a steroid program.

Now, have I fairly summarized those reports  
20 that I've heard about?



A. That's correct.

Q. And you made statements to that effect?

A. That's correct.

Q. Then, Ms. Issajenko, a couple of days  
5 later, about October the 10th, a report did circulate --  
again it's difficult to nail it down because it depends  
what source you use -- but a report did circulate that  
seemed to suggest that either you or your husband or both  
were now denying some of your earlier statements,  
10 particularly about your own use of steroids. Now, is that  
so?

A. That is correct.

Q. And how did that arise?

A. I did not agree with the last  
15 publication, not because -- I won't go into it. Okay. I  
did not agree with the last newspaper that publicized it.

Q. And indeed, were you approached by a  
newspaper a couple of days before the report that gave  
your denial to ask you to tell your own story?

20 A. That is correct.

Q. And indeed, were you offered a sum of  
money to tell your own story about your involvement in  
steroids and that of others?

A. That's correct.

25 Q. And indeed you were offered \$10,000?



A. Plus the syndication rights, yes.

Q. And is it not so that you did not agree to sell your story for \$10,000?

A. That's correct. And, I'm not stupid,  
5 why would I tell this person a story if he didn't pay me? What am I, an idiot? And the next morning when the story appeared in the first newspaper, the person phoned me to tell me that the deal was off because it was an exclusive in the first paper.

10 Q. Well presumably, the story in which it appeared in the first paper you've told me that you did tell that story?

A. I did speak to that lady, yes.

15 Q. I take it you didn't get paid for that telling that story?

A. Of course not.

Q. No.

A. That was not my idea. I was not  
interested in money. What sparked the first story was, I  
20 came home, there was -- a woman started calling my husband, threatening me when the sabotage theory appeared. She said I should shut my such and such mouth because by saying it was sabotage I was damaging Ben's case. Then the morning ---

25 Q. I take it you don't know who that



person was?

A. Well, I can't say but I suspect who. The morning before I got a call from the lady at this newspaper, another phone call came in to ask me if I had  
5 just seen the paper and that now I will shut my such and such mouth again.

Then I had seen the report in the paper where Ben said he -- I did not knowingly take an anabolic steroid and I came to the conclusion that B.J. was going  
10 to lay the blame on Charlie and Jamie. And this could not be because I felt at the time that when someone has been very good to you, someone has done you a good turn, that has been responsible for making you great, then you shouldn't turn against people like that.

15 Q. Now, just take your time.

THE COMMISSIONER: Take your time.

MR. ARMSTRONG: Would -- perhaps you would like to take a break?

THE COMMISSIONER: All right. Take a short  
20 break.

---Short recess

THE COMMISSIONER: Are you all right now?

25 THE WITNESS: Yes.





THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Thank you, Mr. Commissioner.

MR. ARMSTRONG:

5 Q. Ms. Issajenko, just before the break,  
you had said that you had read in a Toronto paper the  
statement by Ben Johnson that he never knowingly took  
steroids.

10 You went on to say words to the effect that  
you did not think that Ben or somebody should turn on  
Charlie and Jamie, two people who had helped him so much.

What was it, in effect, that you were saying  
about that statement that Ben never knowingly took  
steroids? What was it that upset you about that?

15 A. What upset me was that I knew he knew  
that he had taken anabolics, that he had been taking them  
for years. I knew that.

Q. And why did you think that he was  
turning on Charlie and Jamie?

20 A. Well, when you say, I did not  
knowingly, to me it inferred that, okay, you were caught  
on it and since he wasn't trying to prove a sabotage  
theory, obviously he did not believe that, but you were  
caught in it nonetheless, then I said to myself, how did  
25 it get in your system then?



Q. I see. All right. Then, Ms.

Issajenko, just going back to your own statement that was made or statements that may have been attributed to you or to your husband, that you yourself may have withdrawn the statements admitting your own use of anabolics steroids, I  
5 just want to review that with you for a moment and see if I can help you along.

You indicated to me that you were visited by somebody from a newspaper who had offered you \$10,000 to  
10 tell your own story about using steroids and others who may have used steroids?

A. That's correct.

Q. You've indicated that you did not want to take any money for telling the story?

15 A. That's correct.

Q. Indeed, you said that presumably it was after the report in the Toronto paper appeared of Ben Johnson that I never knowingly took steroids, that indeed you made your own statement about Ben Johnson having been  
20 on steroids with the assistance of Dr. Astaphan since 1984 or thereabouts?

A. That's correct.

Q. You weren't paid for that story?

A. No, I wasn't.

25 Q. And then ---



A. And, before the \$10,000, when Charlie was offered \$500,000, I was offered \$400,000 in that deal as well.

5 Q. And, of course, you never accepted any of it?

A. We never did, no.

Q. In any event, I just want to get back to whether or not you, in fact, ever denied your own involvement with steroids.

10 I take it what you were telling me was that when the other Toronto paper or the other paper that had reported this story that you may have withdrawn some of your previous statements, that was a paper that indeed had gone ahead and published stories about your own  
15 involvement with steroids and indeed it was that paper that had offered you the \$10,000?

A. That's correct.

Q. And did you phone and complain about that?

20 A. Yes, I did.

Q. And what did you say?

A. I phoned the person involved and I said why -- why do you print this? I didn't tell you -- I didn't admit to you that I was a drug user. And the  
25 person said to me, well -- well, actually the morning he



had phoned and he said to me, the deal is off because it's already appeared in the other paper.

And then, of course, when it appeared in the next paper, I phoned and his comment to me, well, we weren't going to write anything but since it appeared in another paper, I go ahead and print it.

THE COMMISSIONER: I thought we covered this, Mr. Armstrong?

MR. ARMSTRONG: I guess we had, I'm sorry. I just wanted to clarify it.

MR. ARMSTRONG:

Q. Then, Ms. Issajenko, I'm going to ask you some questions about other people in track and field and other people involved with the Scarborough Track and Field Club.

Before I do that, there is one matter that I overlooked this morning and it might be of some assistance if I ask you about it now or I'll forget. I wanted to show you the 1986 contract that you signed with the Canadian Track and Field Association.

THE COMMISSIONER: It was marked as an exhibit, I think.

MR. ARMSTRONG: No, that was the 1988 contract.





THE COMMISSIONER: Thank you.

MR. ARMSTRONG: 1986.

THE REGISTRAR: Yes, we have it.

MR. ARMSTRONG: Oh, I'm sorry.

5 THE COMMISSIONER: What's the number,  
please?

THE REGISTRAR: Number 127.

---EXHIBIT NO. 127: 1986 Contract

10 MR. ARMSTRONG:

Q. I have before me the document that now  
has been marked as Exhibit 127 which is an agreement  
between the Canadian Track and Field Association and you  
15 and it is dated October 1986 and appears, however, to have  
been signed by you on April the 8th, 1987?

A. That is correct.

Q. Correct?

A. Yes.

20 Q. And I wanted to direct your attention  
to page 4 of this contract where in paragraph two or  
clause two of the contract the athlete's obligations are  
set out and under sub-paragraph G appears the language,  
"To avoid use of banned drugs in contravention of the IAAF  
25 rules set out in Appendix F and submit to dope control



tests at competition."

And then the words appear and the following words are stroked out, "Or upon random request by CTFA, CTFA appointee or Sport Medicine Council of Canada during  
5 the competitive and/or non-competitive season."

And all of those words that I've just read are stricken out. Can you help me, when you signed the contract, did you strike out those words in relation to random doping control?

10 A. Yes, I did.

Q. And presumably you sent this contract in to the Canadian Track and Field Association?

A. Yes, I did.

Q. Did you ever receive any complaint back  
15 from the Canadian Track and Field Association that you had removed from the athlete's obligations clause the random doping control requirement?

A. No.

Q. I'm sorry to have to taken that out of  
20 the chronology but I had overlooked it.

THE COMMISSIONER: All right.

MR. ARMSTRONG:

Q. All right. As I indicated, Ms.  
25 Issajenko, I wanted to ask you some questions about other



people in the sport of track and field about which you have some firsthand knowledge.

First of all, there was an American runner, John Smith, whose name has already arisen during the course of Mr. Francis' evidence. He was the world record holder in the 440 yards, I believe?

5

A. That's correct.

Q. And he ran for the United States during the 1970's?

10

A. That's correct.

Q. And indeed, for a period of time, he lived here in Toronto, is that not so?

A. That's correct.

Q. And during the period 1980/81, he was a very close friend of yours?

15

A. That's correct.

Q. And during the period of time that he was in Toronto, did you disclose to him that you were using anabolic steroids?

20

A. That's correct.

Q. Did he ever make any comment to you about his own use of anabolic steroids?

A. Yes, he did.

Q. What did he tell you?

25

A. He told me that when he was running, he



was taking Dianabol.

Q. All right. Now, Mr. Francis made some reference during the course of his evidence to Mr. Smith. He also made some reference to an American athlete by the name of Pat Connelly. Did Mr. Smith ever tell you anything about an American athlete by the name of Pat Connelly?

A. Yes, he did.

Q. What did he tell you?

A. He said he had supplied her with Dianabol when they were at U C L.A.

Q. Is that when she was a student?

A. Also competing, yes.

Q. Competing at U C L.A. in track and field?

A. That's correct.

Q. What was her event?

A. I think ---

Q. Pentathlon?

A. Pentathlon.

Q. Now, I wanted to ask you some questions, first of all, about the Scarborough group of athletes, the Scarborough Optomist group of athletes that later became known as the Mazda Optomist group.

You mentioned, Ms. Issajenko, when you





joined Charlie Francis and the Scarborough group back in, I believe, January 1978 that Desai Williams, Mark McKoy, and Eddie Johnson, Ben Johnson's brother, were part of the group when you joined? Right?

5                   A.    Well -- I think Mark and Tony Sharpe came later. But it was basically myself, Desai Williams, Ray Daley and Dave McKnight and I think Alexis Paul-MacDonald. We were -- Alexis and I were the only two girls.

10                  Q.    You don't remember when you first joined Ben Johnson being there but we know from the evidence that ---

                  A.    I didn't notice him.

15                  Q.    That, and I guess based on Charlie's Francis' early evidence, it might have been easy in the early years not to notice him, but I guess it wasn't too long before indeed indeed you were well aware that he was a significant member of the group?

                  A.    That's correct.

20                  Q.    And again, Mark McKoy, you've said probably said joined a little later. We know that Mark McKoy and Desai Williams were away for a period of years between the fall of '83 and the fall of '87?

                  A.    That's correct.

25                  Q.    But, when they were part of the group



and, indeed, when all of you group of runners were together, training, competing, travelling together, I take it it's not an overstatement to say that you were a very close-knit group?

5                   A.    That's correct.

                  Q.    And indeed, particular -- sorry?

                  A.    And particularly, since there were only two girls in the group, I tended to hang around a lot with the guys because there were only two of us.

10                  Q.    Well, I can imagine that if the guys were around they would be hanging around with you. You're probably not putting it fairly.

                  A.    No, I was hanging around with them.

                  THE COMMISSIONER:   What period are you  
15   talking about now, because this starts '79. What year are you speaking about?

                  MR. ARMSTRONG:   I kind of developed this. I assumed -- I intended it to ---

                  THE COMMISSIONER:   You started way back.

20

                  MR. ARMSTRONG:

                  Q.    I started way back in '78 when you  
                  joined but was it not so that the group of you who were  
                  sprinters going to national competitions, going abroad to  
25   the European meets, going to the Commonwealth Games, the



Pan American games, the Olympics in '84, the Olympics in '88, right through the piece, developed a bond of athletic friendship?

A. That's correct.

5 Q. And indeed when you would be travelling for long periods of time in Europe or South America or wherever you would be, the group of you would hang around together after practice, after the meets?

A. That's correct.

10 Q. You'd join together in your hotel rooms?

A. That's correct. Well, I would go seek the guys out, yes.

15 Q. All right. Fair enough. And I take it, it wouldn't be again an overstatement to say that you got to know Desai Williams, Mark McKoy and some of these other guys very well?

A. That's correct.

20 Q. And in particular, I want to direct your attention to Ben Johnson. I take it from the early '80's until 1988, you got to know Ben Johnson very well?

25 A. Particularly Ben and Tony Sharpe because we were the original ones that, from the start, that was left in the group. Because Desai and Mark -- people were drifting in and out. But we were the three



people that stayed with Charlie from beginning to end. We never left. We had differences with Charlie but we would always resolve them and we never left.

5 Q. And I wanted, first of all, to take you to the World Cup trials in 1981 in Venezuela and do you recall an incident involving Mark McKoy where you went into his room and a group of people there to see -- I don't know whether there was a group of people there or not but -- but he certainly was there, I take it?

10 A. That's correct.

THE COMMISSIONER: What year is that, please?

MR. ARMSTRONG: 1981.

THE COMMISSIONER: Thank you.

15 THE WITNESS: I went in Mark's room and I -- he had his bag with his toothpaste, shaving, whatever, on the table and I looked in because that's what I normally do. I always go through their stuff.

20 And I saw he had a bottle of testosterone, propionate. And up to now, I had no knowledge of him using anabolics. I don't know why -- what he had it for, what purpose he had it for.

25 I -- he sort of indicated to me that he was not using it. So it was about the same time that I was asking Bishop Dolegiewicz for shots of testosterone and





he, Bishop, had expressed to me that he was -- he need more. He was indeed running out and I guess because Mark told me he wasn't using the testosterone, I told him then why not sell it to Bishop and I have absolutely no idea if the transaction took place.

Q. Then, 1981 was the year that, according to the evidence of Charlie Francis; Ben Johnson, Tony Sharpe and Desai Williams were first approached about the idea of going on steroids. They talked to Charlie Francis about it, they talked to a doctor about it and then eventually, in the fall of 1981, went on a steroid program.

Did you become aware in the fall of 1981 that Desai Williams, Tony Sharpe and Ben Johnson went on a steroid program?

A. I was aware of Desai and Tony Sharpe, later of Ben Johnson.

Q. And how did you become aware of that?

A. Charlie told me that. Plus Tony Sharpe and I were more open. Tony and I had discussed the anabolic use. But I -- the reason why I knew at that point that Desai had indeed gone on a cycle, he -- because he had expressed to Charlie that he had pulled his hamstring and he wasn't quite sure if the anabolics had contributed to it so he would stop taking them.



Q. Then I want to move you along to 1983. After the indoor season, in 1983, did you have occasion to have a discussion with Molly Killingbeck who was one of the Scarborough Optomist sprinters coached by Charlie Francis?

A. Yes, I did.

Q. Tell us about that?

A. This was about the next cycle, the spring of '83, that Molly called me because she wanted to know -- actually she was trying to ask me the dosage that she should take or she wanted to know the cycle that I was going on and I told her.

Q. Yes. And at that time, was she a close friend and confidante of Desai Williams?

A. Yes.

Q. Then, Ms. Issajenko, I want to go to the spring of 1984, at the training camp in Guadeloupe. We've had considerable evidence about that training camp both from Mr. Francis and again from you concerning your own particular training program there.

I wanted to ask you about some of the others. In 1984 in Guadeloupe, you've told us yesterday afternoon and this morning that Tony Sharpe and Ben Johnson came down about a week after you. You've told us that you were there and also you're now husband, Tony



Issajenko, I believe, came down as well at a later point in time, did he?

A. That's correct.

Q. And the group was joined also by  
5 Charlie Francis and I believe a runner by the name of  
Angella Phipps?

A. And later Molly Killingbeck came. Also  
later, Ben Johnson's girlfriend came.

Q. Now, you've told us about the drugs, in  
10 some detail, that you took when you were at the Guadeloupe  
training camp, who administered them and so on. When you  
were at the Guadeloupe training camp, did you inject any  
drugs into any of the Scarborough Optomist athletes?

A. Yes, I did. I injected Tony Sharpe and  
15 Ben Johnson.

Q. And what did you inject Tony Sharpe and  
Ben Johnson with?

A. A mixture of growth hormone and  
aqueous-testosterone.

Q. Now, I just want to stop you there for  
20 a moment. I don't think it's necessary to get your diary  
back out but I can refer you to the fact that on April the  
2nd you record an injection of crescormon and  
aqueous-testosterone in your diary for yourself.

25 On April the 4th, you record an injection of



growth hormone and aqueous-testosterone for yourself, a similar injection on April the 9th and a similar injection on April the 11th?

A. That's correct.

5 Q. Now, having referred you to those entries, are those entries of any assistance in helping you tell us when you may have injected Tony Sharpe and Ben Johnson with growth hormone and aqueous-testosterone?

10 A. At about -- every time I had an injection of growth hormone and aqueous-testosterone, Tony and Ben had one as well. I must point out though, that Tony Sharpe sometimes would be off doing something else so maybe he would miss one or two.

15 Q. All right. What about Ben? Was he faithful in attendance?

A. Yes.

20 Q. All right. And again, we've now marked as Exhibit 124, this package that contains the bottle of aqueous-testosterone and I take it, it was from a bottle like this that the aqueous-testosterone was taken and included in the injection?

A. That's correct.

25 Q. Was -- forgive me, I've forgotten what you may have told me yesterday. Was the injection of growth hormone and aqueous-testosterone, was it a mixture





of the two that was injected?

A. Mixed by myself.

Q. Yes.

A. They were not pre-mixed in a bottle.

5 Q. Now, when you injected Ben Johnson with a mixture of aqueous-testosterone and growth hormone, was he present at the time that you actually mixed the drugs?

A. That's correct.

10 Q. Would he then have seen you drawing out of the aqueous-testosterone vial the aqueous-testosterone and drawing out then from the growth hormone vial or bottle of the growth hormone?

A. That's correct.

Q. All right. Then ---

15 THE COMMISSIONER: That was all that was injected at that time?

THE WITNESS: There was B-12 and at some point ---

THE COMMISSIONER: On the same occasion?

20 THE WITNESS: No, not -- we were not doing B-12 at that stage.

THE COMMISSIONER: No, at the time that you ---

MR. ARMSTRONG: In Guadeloupe?

25 THE WITNESS: We had B-12 but the B-12 ---



THE COMMISSIONER: What I'm speaking of, on the occasions when you made the injections of the aqueous-testosterone and the growth hormone, would that be the only drugs administered on that occasion?

5 THE WITNESS: That's correct.

MR. ARMSTRONG:

Q. Now, Ms. Issajenko, are you able to assist us as to whether you came to any conclusion at that  
10 time as to whether or not Ben Johnson knew in April of 1984 that you were injecting him with an anabolic steroid in Guadeloupe?

A. Yes, I would not have given him drugs without him knowing.

15 Q. Well, just to follow that up, when -- following up another matter, when you were asked by the Commissioner about vitamin B-12, I take it at other times during the course of the year, you had occasion, as you indicated yourself, to take vitamin B-12?

20 A. That's correct.

Q. Did you have occasion on -- to inject vitamin B-12 into any of the other athletes?

A. That's correct. Periodically I would do it, yes.

25 Q. All right. And did you ever have



occasion to inject vitamin B-12 into Ben Johnson?

A. Yes.

Q. And indeed, I want to take you to the Olympics in Los Angeles in 1984. Was there an occasion at the Olympics at Los Angeles, in 1984, when you injected vitamin B-12 into Ben Johnson?

A. That's correct.

Q. How did that arise?

THE COMMISSIONER: What was this, the Olympics in 1984?

MR. ARMSTRONG:

Q. Yes?

A. He asked me for an injection of vitamin B-12.

Q. All right. And was there then in this period of time and about 1984, a -- was this a period of time when Ben Johnson, in fact, really relied upon you to provide the injections to him of certain drugs when he was injected with drugs?

A. Any injections. He really did not trust anybody else.

Q. All right. Then I wanted to ask you about a period of time in 1986. We ---

THE COMMISSIONER: Excuse me for a moment.



Does the witness want a short break? We're going to four o'clock. Are you all right? Would you like a short break? You would, would you?

THE WITNESS: I'm okay.

5 THE COMMISSIONER: All right. I thought you were under strain.

THE WITNESS: But if you want a break, sir?

THE COMMISSIONER: I didn't hear the question. You'll tell me later.

10 MR. ARMSTRONG: Actually, as ---

THE COMMISSIONER: How long will you be?  
As long as the witness is comfortable.

MR. ARMSTRONG: I suspect, quite frankly, that I'm going to take really the balance of the time  
15 remaining to us this afternoon and even if I were to finish a moment or two early, I suspect that other counsel might ---

THE COMMISSIONER: You carry on. I'm just offering it. I wasn't requesting it.

20 MR. ARMSTRONG: All right.

THE COMMISSIONER: I interrupted you. Go ahead, Mr. Armstrong? You're at the 1984 Olympics.

MR. ARMSTRONG: We finished the '84  
Olympics.

25





MR. ARMSTRONG:

Q. Now, Ms. Issajenko, forgive me, I may have the evidence wrong. But Mr. Francis gave some evidence in the period '85, '86 about other athletes who came along and started forming part of the group who were receiving anabolic steroids?

A. That's correct.

Q. And I assume you probably became aware of some of these other people in the '85, '86 period?

A. That's correct.

Q. And who were they?

A. Cheryl Thibedeau had come in later in '86, Andrew Mowatt. Kevin Tyler had come down to work with Charlie, as well.

Q. Now, was there, at any time that you can recollect, any discussion in which you were involved about the fact that there were some new people coming in to the group, as it were, who had been involved in an anabolic steroid program?

A. That's correct.

Q. And when would that discussion have taken place and with whom?

A. I had had discussions with Ben Johnson and also with Tony Sharpe.

Q. Let me just stop you there, just to get



it. When would that have been?

A. That -- around the period when all these new people started drifting in.

Q. All right.

5 A. So, we were very concerned because you can imagine, we were very tight knit group and whatever we -- we had a secret then and we wanted to keep it that way.

10 And Ben expressed concern to me that whenever these new people come in the group, they were -- he thought Charlie was telling them about anabolic steroids and he did not like this. Also, Tony Sharpe did not like this. They expressed that to me.

Q. I see.

15 A. Because they were new people, we did not know where they came from and we didn't know how long they were going to stay. Basically, the three of us, we didn't trust them. Because when -- when the circle of drug users becomes bigger, then we each know -- we all  
20 know what each other is doing.

THE COMMISSIONER: So the secret is liable to get out, is that what you're saying?

THE WITNESS: Yes, sir. There was too many people starting to know about it.

25



MR. ARMSTRONG:

Q. All right. And at that time, I take it nothing in particular was done about it, however, other than to discuss your mutual concern?

5 A. That's correct.

Q. All right. Then, Ms. Issajenko, another incident that I wanted your assistance on was, in 1987 a discussion that you may have had with Ben Johnson toward the end of June 1987, after you had gotten back from Europe. Do you remember having a discussion with him at that time?

A. Yes, I do.

Q. Would you tell the Commissioner about that, please?

15 A. I had -- I was on my way to training and we -- I met Ben in the parking lot. We were just about to go in the gate to enter the outdoor track.

Q. This is up at York University?

A. That's correct. And I said to Ben, you know, it was not -- in 1987 when we had that agent, Larry, and I expressed ---

Q. Larry Heidebrecht?

A. Yes, and I said to Ben that, gees, you know, it was terrible because we were losing so much money because we couldn't run all the meets in July because all

25



the Grand Prix meets were in July. And then I said, but  
of course, Charlie always worked this way. He wants us to  
do another buildup here in July so we can prepare for the  
August meets and for the major meet that was coming up,  
5 which was the World Championships.

And then I said, well, even if we could make  
a couple of the meets, you know, it wouldn't be wise to go  
because we couldn't pass the drug test.

Q. That's what you said?

10 A. Yes, that's what I said.

Q. Yes? And did Ben say anything in  
response to that?

A. He did. He expressed -- he said to me  
what he wanted to do about training, you know, the areas  
15 that he'd want to constant train on and did he say, you  
know, how much money, of course, he was losing by not  
running all these meets. He did not say anything one way  
or the other about the fact that we couldn't pass the drug  
test.

20 Q. He obviously didn't say, oh, well,  
you're all wrong, that doesn't apply to me or anything  
like that?

A. No, no.

Q. Then again, I -- perhaps this is a  
25 little embarrassing and our Commissioner may say to me,





look, we don't need to embarrass our witness and believe me, I don't want to. But in 1988 I suspect it isn't all that embarrassing.

When you hung around with the guys, as it  
5 were, over the course of the years, did they sometimes make jokes about their abilities and prowess with the young women?

A. Yes, they did. They always made -- a  
lot of times they make jokes about the effect of the drugs  
10 on their libido.

Q. And who -- and when you say the drugs,  
did they refer to -- what drugs would they be referring  
to?

A. The anabolics.

15 Q. And when you say they, who, through the years, might make such comments?

A. Particularly Sharpe and Ben. And I was  
always sort of close and whenever they started laughing, I  
would run over with my ears perked up to hear what was  
20 going on.

Q. All right. Then, Ms. Issajenko, you  
told us this morning that at some point in time Charlie  
Francis had obtained a supply of the drug Estragol from  
Dr. Astaphan?

25 A. That's correct.



Q. And I believe you had a bottle of it in your house but that the remainder of the supply Charlie Francis kept?

A. That's correct.

5 Q. Together with some inosine I guess that he had gotten from Dr. Astaphan?

A. That's correct.

10 Q. And I think you said this morning that something like 14 or 16 or 18 bottles had been kept in Francis' apartment?

A. That's correct.

15 Q. All right. Now, we've already heard that, from Mr. Francis, that the bottles were moved out of his apartment to your house. I just wanted to ask you whether you recall during the winter of 1988, about a year ago or perhaps it was a little earlier than that, February 1988, was there some discussion about Charlie Francis having these drugs in his apartment and whether it was a wise thing that they be kept there?

20 A. Yes, there was.

Q. Tell the Commissioner about that, please?

25 A. Well, we were in Genoa, in Italy, and Molly Killingbeck had called, I guess she called Desai, and then she spoke to me -- this is all second, third-hand



information -- and she said, well, one of the athletes in the group who had a key to Charlie's place was planning on taking some of the drugs to give to her boyfriend.

So, of course, I went and told Charlie this.

5 And I also remember that I discussed it in -- in Mark and Desai's room with Mark, Desai and Ben. And we -- I expressed to Ben the concerns we had had in the past, before, when all these new people started coming in that, you know, we were really justified because now it seemed  
10 that someone on the outside sort of would know what we were doing and would have in their possession the drug we were using.

Q. Yes?

A. And then when we went home, Charlie  
15 brought the briefcase with the Estragol and the vitamin B-12 mixture to my house.

Q. All right. Before you get to that, I want to take you back to that discussion. This is a discussion between you and Sharpie?

20 A. Not Sharpie, sorry.

Q. Sorry, you and Desai?

A. Mark and Ben because we were the only athletes in Europe, at that point.

Q. All right.

25 THE COMMISSIONER: Mark and Ben and



yourself.

THE WITNESS: And Desai.

THE COMMISSIONER: And Desai?

THE WITNESS: Yes.

5

MR. ARMSTRONG:

Q. All right. And was it clear that the drugs you were talking about included the anabolic steroids that were known as Estragol?

10

A. That's correct, because we all knew that Charlie had them at his place.

15

Q. And again, as I understand it, the concern that you were expressing to the others was that if indeed somebody was going to go into Charlie's apartment and take some of these steroids, again it was another example that the circle was widening to an inappropriate scope as it were?

20

A. That is correct and that is the reason why Mark and Desai decided, because they had said to me, there were too many people in Charlie's apartment and they did not want other people knowing their business.

25

So, as of this moment, for the next cycle, they did not go back to Charlie's house to get their injections. They asked for a bottle from Charlie, because I remember Charlie came to pick it up at my place, to give





to Mark and Desai so they could do their own injections.

Q. All right. I'm going to keep you back on this discussion, if I can, for the moment. I apologize. I go a little more slowly sometimes than I should.

Was it during the course of this discussion when you expressed the concern that the idea was put forward that the drugs, in fact, should be moved out of Charlie's apartment?

A. That's correct.

Q. All right. And was Ben present, Ben Johnson present for that discussion?

A. Yes, he was. Because it was ---

Q. And Desai Williams and Mark McKoy were present for the discussion?

A. Yes, because in that particular meet, we -- every night after supper, we would go to Mark and Desai's room and the four of us would sit around and ---

THE COMMISSIONER: I think you said earlier that they all discussed, they all participated in Desai's room.

THE WITNESS: Yes.

THE COMMISSIONER: She's already said that.

MR. ARMSTRONG: I'm sorry. I apologize. I missed that.



THE COMMISSIONER: There was the three;  
Mark, Desai and Ben and yourself?

THE WITNESS: That's right.

THE COMMISSIONER: The four of them.

5 THE WITNESS: We discussed it in the room  
that Desai and Mark shared.

MR. ARMSTRONG:

10 Q. And did everybody understand the  
discussion? There is no -- any question in your mind?

A. There is no question in my mind.

15 Q. Then you have a note in your diary for  
February the 24th, 1988 that I don't think was -- it's in  
your diary now. Do we have it in the Commissioner's  
diary.

MS. CHOWN: Yes.

THE COMMISSIONER: What date, please?

MR. ARMSTRONG: February 24th, 1988.

MR. O'CONNOR: 25th?

20 MR. ARMSTRONG: Sorry, 25th. Have you got  
it, February the 25th, 1988?

THE COMMISSIONER: Yes, all right.

MR. ARMSTRONG:

25 Q. Could you just read that note, Ms.



Issajenko?

A. "Saw Molly, Desai and Mark. Reached compromise. Did relaxation recovery with Sue. We planned out what we wanted to do."

5 Q. And what is the reference, "Reached compromise." What does that refer to, do you know?

A. Molly, Mark and Desai came to my place and we -- I had had -- I had written up sheets playing around with the possibilities of the other cycle of  
10 anabolics that I would do. And I wanted Mark and Desai's and Molly's opinion.

I wanted somehow to find a way which we would probably come to agreement on what we were going to do. And indeed, we did reach a compromise. I -- Molly  
15 and I agreed that we would continue with the quarter cc's for no more than eight shots, maybe less.

Desai and Mark expressed that they would also keep what they were up to. I think they were -- they said they did, with Charlie in the fall, ten to twelve  
20 shots at one cc three times per week.

And, we discussed the possibility of probably adding an oral on top of that and there wasn't -- there wasn't enough time to clear from then to the training camp in Spain or the expected date to compete,  
25 because one thing that I should point out here that I



5 didn't before, Jamie had always told us the clearance time for Dianabol was 28 days. But he expressed concern, and he told us repeatedly, that when, after taking the orals, if you put an injectable on top of it, you must now give the orals 45 days to clear.

Q. I see. And when did you get that information?

10 A. Jamie had told me this long ago. I forgot to mention this. And, as a result, I decided -- I decided that -- that I wouldn't go with the oral because we had no time to clear.

15 Desai said to me that Anavar had a shorter clearance time and offered me Anavar. I said no thank you because I had only had that brief period in 1984 with Anavar and I had never taken it again and I didn't want to. So I decided then that I would go with the straight Estragol, injectable.

20 Q. All right. Now, also during the spring of, or winter of 1988, did you ever have occasion to give any injections to an athlete named Tracy Smith?

A. Yes, I did, and also in the summer of 1988.

Q. And what drugs did you inject into Tracy Smith?

25 A. A vitamin B-12 mixture with Estragol.





MR. ARMSTRONG: Can I just have your indulgence?

THE COMMISSIONER: Mm-hmm.

5 MR. ARMSTRONG:

Q. I'm sorry, Ms. Issajenko, I wanted to ask you about any other athletes -- something goes through my mind and I can't find my note of it and it may be just pure conjecture on my part but I didn't want to lose the opportunity. What about Cheryl Thibedeau? Were you ever  
10 involved in injecting Cheryl Thibedeau?

A. No, I wasn't.

Q. All right.

A. Only with B-12.

15 Q. I guess the reason I didn't have the note was that you obviously didn't.

Then I want to take you back to Korea. Sorry to jump around but we've kind of done this by subject matter rather than chronology, laterally.

20 Did you have some conversation with Desai Williams in Korea about clearance times?

A. Yes, I did.

Q. And how did that conversation arise and tell us about the conversation, please?

25 A. It came up because I went to Desai and



I explained to Desai the idea that I had about the sabotage theory.

Q. So this would have been after it became known that Ben had tested positive?

5 A. That's correct. And Desai said to me that he did not believe it was sabotage. He said, I passed with 28 days at the nationals, I gave it 28 days here, and I just think Ben and Jamie cut it too close.

10 Q. Now, when you were in Korea, did you ever have a conversation with anyone about the use of a mixture of vinegar and honey?

A. Yes, I did.

Q. Tell us about that, please?

15 A. After the 100 metre final, I heard this from both Mark and Desai, that Jamie had sent down a bottle of vinegar mixed with honey for Ben and Desai to drink after the 100 metre final.

20 Of course, it is thought that vinegar will somehow clear -- allow the drug to, not get out of your system, but -- I don't know if it's because it's so acidic that if you drink a bottle of vinegar before then I guess if you're even on anabolics it will not show up in the test.

25 THE COMMISSIONER: Why do anything else? Drink a bottle of vinegar. But what, you felt this was



somehow to either mask or excrete the steroid?

THE WITNESS: Probably to mask the steroid.

THE COMMISSIONER: To mask.

THE WITNESS: I became a little concerned  
5 upon hearing this news and I started thing that maybe  
Desai was right because, again, it didn't make sense to me  
why, when all the other years we had gone on and we  
hadn't -- these precautions were not taken.

THE COMMISSIONER: No, but you were given  
10 diuretics this time on the way over.

THE WITNESS: That was also one of the  
reasons I ---

THE COMMISSIONER: Which is the first time  
that, Mr. Francis said, all the athletes who were on the  
15 program got diuretics.

THE WITNESS: That's correct, and this was  
one of the first times -- I also forgot to mention that  
the Saturday before, we were also getting diuretics in  
Japan and the Saturday before I ran, Mark and Desai came  
20 to my room, it was a week before I ran, and gave me --  
they had a whole bunch of -- or enough diuretics -- I  
remember they were larger white pills, much larger than  
the Modurets and some orange pills which were 600  
milligrams of potassium.

25 Jamie wanted us to take the diuretics the



weekend, the whole weekend, along with the potassium.

Q. What weekend was this?

A. It was the week before the 100 metre started.

5 THE COMMISSIONER: When you were in Seoul already?

THE WITNESS: That's correct. I took these diuretics and the potassium. Desai and Mark did not. They left all of theirs with me. Because, as I said, they  
10 had told me that they had no problems because they didn't take the 21 days proposed by Jamie. They took the same 28 days that they had done for the national championships.

MR. ARMSTRONG:

15 Q. And finally, I just have a few more questions, Ms. Issajenko. I've kind of overstayed my welcome but I do have a few more for you.

Charlie Francis said in his evidence last Thursday afternoon, Friday morning -- Friday morning, I  
20 believe it was, very strongly, he said that it was his opinion that the athletes whom he knows who have used anabolic steroids did not really want to go on anabolic steroids, did not really want to use anabolic steroids, that if they had their choice, as they believed they had  
25 their choice -- that's a debateable point but we'll leave





that for another day -- that they would compete without drugs.

And if you had it to do without using drugs, felt that none of the reasons existed for taking drugs, would you prefer to have competed without the benefit of drugs?

A. Of course I would.

Q. I wanted then to ask you this question; assume that all of this effort that so many people are putting into this hearing and all of the effort that people in other places and countries are putting into dealing with the drug problem, assume that some day soon there is a track and field world free of drugs, does Angella Issajenko want to be part of that track and field world, free of drugs?



A. Of course. I would like to be, yes.

But, however, I am now -- I am 30 years old, and I don't see that in the foreseeable future, at least not in my career, certainly not.

5 Q. Well, let's be optimistic and hope that maybe all of this is helping us to turn the corner. And if in the not-too-distant future we were in a drug-free track and field world, would you get back and compete as an athlete if you could, free of drugs?

10 A. A drug-free Canada, yes.

Q. You mentioned this morning that some day you'd like to coach and if, indeed, all of the efforts that I have alluded to were successful and we had a drug-free track and field world, do you see Angella  
15 Issajenko the coach playing a part in that new track and field environment?

A. Yes, I would. I would like to be a coach.

MR. ARMSTRONG: Thank you, Mr. Commissioner.  
20 Thank you, Ms. Issajenko. Those are the questions I have.

THE COMMISSIONER: We'll adjourn until tomorrow morning, 10 o'clock.

MR. BARBER: Mr. Commissioner, before we rise, sir, you have indicated that the training journal is  
25 not to be an exhibit?



THE COMMISSIONER: The training journal?

MR. BARBER: Yes, sir. But may counsel have access to it to prepare for cross-examination?

THE COMMISSIONER: Which training journal?

5 The diary?

MR. BARBER: The training journal that Ms. Issajenko --

THE COMMISSIONER: No, only what's been read into the record, please. There's a lot of personal  
10 matters there. Only what is in the record.

MR. O'CONNOR: If I might just comment on --

THE COMMISSIONER: Do you mean the workouts and so on? I'm not sure what you want to see.

MR. BARBER: Well, I'm not sure what is in  
15 there, Mr. Commissioner, except what has been elicited by Mr. Armstrong. I note, though, that I believe this morning --

THE COMMISSIONER: He went into one typical day in Guadeloupe as to what the typical training day was.

MR. BARBER: I understood this morning Mr.  
20 Armstrong to indicate that 99.9 percent of the material in there dealt with training --

THE COMMISSIONER: Yes, it mostly is showing the workouts.

MR. BARBER: That's right.  
25



THE COMMISSIONER: And you want to see that?

MR. BARBER: I would appreciate access to the material that's in there.

THE COMMISSIONER: I don't see why you would  
5 be interested in that, Mr. Barber.

He wants the book.

MR. BARBER: Well, Mr. Commissioner, it's  
difficult to know without seeing it whether there are  
matters in there that I would like to raise with the  
10 witness. The witness has used the --

THE COMMISSIONER: I'm not sure -- you want  
to know about the workouts, three times twenty and three  
times fifty and four times one hundred and two times a  
hundred.

MR. BARBER: No, sir, obviously, I'm much  
15 more interested in the drug use and the possible side  
effects that are identified that may or may not have been  
elicited so far.

MR. O'CONNOR: Could I just address that,  
20 Mr. Commissioner?

THE COMMISSIONER: Yes.

MR. O'CONNOR: The rules with respect to  
cross-examination, as I understand them, are that the  
parties that have status can cross-examine with respect to  
25 something that affects their interest. Now, Mr. Barber





appears for the Sports Medicine Council of Canada, and I'm at a loss having heard this evidence for two days to know how any interest of that Council is affected by this evidence.

5                   But I might say, he says he has an interest in examining the journals or the diaries, to go through, presumably, personal medical information concerning Ms. Issajenko. What we are prepared to do, and I've indicated to Mr. Armstrong, is that if you, Mr. Commissioner, have a  
10                   doctor or a number of doctors who are advising you with respect to matters relevant to the inquiry, to cooperate fully, both with provision of the journals and making Ms. Issajenko available to discuss all of that type of information. And if you find relevance and assistance  
15                   in --

                  THE COMMISSIONER: I would suggest, I think any personal side effects are matters that the Commission is interested in, not in particular any other party.

                  MR. O'CONNOR: I'm at a loss to know how the  
20                   Sports Medicine Council feels it's relevant to cross-examine --

                  THE COMMISSIONER: I would suggest to you that Ms. Issajenko speak to -- I have two very expert  
25                   doctors on our staff who would be glad to discuss these matters in detail with her and make a report, which would



then become anonymous, but which would serve the purposes of anybody else.

MR. O'CONNOR: We would certainly be cooperative with that.

5 THE COMMISSIONER: You discuss with Mr. Armstrong what parts of the diary you want to see, Mr. Barber. I'm puzzled why you would want the training schedule, but we'll work it out. You discuss it first with Mr. Armstrong --

10 MR. BARBER: Yes, sir.

THE COMMISSIONER: And if there's any problem, we'll discuss it in the morning.

MR. BARBER: Thank you.

15 THE COMMISSIONER: Thank you. Tomorrow morning at 10 o'clock.

Thank you.

--- Adjourned until 10:00 a.m., Wednesday, March 15,  
1989 ---

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